

# Chromium

## Breakfast

### Loaded Avocado Toast

14

sunny side up egg, bacon, sundried tomatoes, arugula tossed in olive oil, fresh lemon juice, pickled onions, salt, pepper

### Omelet

14

choice of three:

mushrooms, peppers, onions, spinach, bacon, pork sausage, apple chicken sausage, and/or grilled portobello mushrooms.

served with breakfast potatoes and toast

### Midtown Breakfast

14

two eggs any way

choice of bacon, pork sausage, or apple chicken sausage

served with breakfast potatoes, fresh fruit and toast

### Breakfast Burrito

12

choice of bacon, pork sausage or apple chicken sausage

peppers, onions, cheddar cheese, breakfast potatoes

served with salsa and sour cream

### Oatmeal

8

berries and sliced bananas, served on top

cinnamon, brown sugar, walnuts served on the side

## Salads

Grilled Chicken 5, Grilled Salmon 8, Shrimp 8

*all salads can be made into a wrap*

*\*wraps served with choice of fries, sweet potato fries, chips, fresh fruit or side salad*

### Midtown Cobb

13

iceberg lettuce, cherry tomatoes, red onions, avocado, bacon, hard boiled eggs, blue cheese crumbles, low fat ranch dressing

### Tomato Burrata

13

mozzarella, tomato, fresh basil, served on a bed of spinach tossed in olive oil, fresh lemon juice, salt and pepper topped with a balsamic glaze

### Wedge Salad

12

iceberg lettuce, cherry tomatoes, bacon, blue cheese crumbles, blue cheese dressing

### Kale Caesar Salad

12

kale, parmesan croutons, shaved parmesan cheese, Caesar dressing

### Classic Caesar Salad

12

romaine lettuce, parmesan croutons, shaved parmesan cheese, Caesar dressing

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illnesses.*

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## Sandwiches

*all sandwiches served with choice of fries, sweet potato fries, chips, fresh fruit or side salad*

**Midtown Burger** **13**  
choice of American, Swiss, cheddar or Havarti cheese  
lettuce, tomato, pickles, onion  
*substitute Impossible<sup>tm</sup> burger at no additional cost*

**Turkey Club** **13**  
turkey, bacon, lettuce, tomato, low-fat mayo

**Grilled Chicken Breast** **13**  
Havarti cheese, lettuce, tomato, basil aioli

**Grilled Portabella** **13**  
caramelized onions, sundried tomatoes, Havarti cheese, garlic mayo

## Build Your Own Poké Bowl 15

**Choose One**  
sushi grade tuna (Hawaiian style), chicken breast (sesame seed teriyaki), tofu (sesame seed teriyaki), shrimp (sesame seed teriyaki)

**Choice of Six**  
pineapple, mango, edamame, cucumber, cherry tomatoes, avocado, corn, grilled jalapeño, red onions, pickled ginger, seaweed salad, pickled onions, pickled radishes, cilantro

**Choose Your Sauce**  
ponzu, spice mayo, sesame seed teriyaki, Hawaiian poké sauce, soy sauce

## Build Your Own Flatbread 14

**Choose One**  
traditional flatbread, cauliflower flatbread (low carb)

**Choose One**  
mozzarella, vegan mozzarella, parmesan

**Choice of Four**  
pepperoni, Italian sausage, grilled chicken, grilled vegan chicken  
onions, red peppers, green peppers, mushrooms, black olives, spinach, tomatoes, sun dried tomatoes, bacon, jalapeño, cilantro

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