



THE SPA
AT MIDTOWN

SPA SERVICES

MASSAGES

Deep Tissue Massage	M		
60 minutes	\$90	\$104	
90 minutes	\$123	\$141	
Hot Stone Massage			
90 minutes	\$123	\$141	
Pre-Natal Massage			
90 minutes	\$123	\$141	

DEEP TISSUE MASSAGE

Relieve muscle stiffness with slow, deep movements and trigger point therapy. Helpful for chronically tense areas such as neck, low back, and shoulder.

HOT STONE MASSAGE

Indulge in pure luxury as polished basalt stones are heated to penetrate the muscle while melting away tension. The temperature and pressure of the strokes simultaneously relax and simulate your muscles to improve circulation.

PRE-NATAL MASSAGE

Gentle bodywork for the expectant mother. Benefits include relief of low back pain, sciatica, and other discomforts associate with pregnancy. Recommended only after the first trimester.

CANCELLATION POLICY

A 24-hour cancellation notice is required to avoid being charged a fee. No-shows will be charged the full service fee. Late cancellations on less than 24 hours notice are subject to a 50% fee, unless the service is rescheduled within 7 days.

AGE POLICY

Guests must be 18 years or older to receive services. Guests under 18 years old are welcome to use salon services if accompanied by a parent or guardian.

MON	9am - 1pm, 4pm - 8pm
TUE	9am - 1pm
WED	CLOSED
THUR	9am - 1pm
FRI	4pm - 8pm
SAT	Every other 9am - 2pm
SUN	CLOSED

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midtown.com/request-spa-appointment