

THE *Cafe*

Breakfast

Avocado Toast 12

Toasted multigrain, fresh avocado, goat cheese, house made tomato jam served with arugula and fresh berries

ask about our seasonal flavor

Midtown Breakfast 12

2 eggs, choice of protein: chicken sausage or bacon, and choose 2 of sweet potato hash, fresh fruit, multigrain toast

Protein pancakes 10

Two chocolate protein pancakes topped with mixed berries and drizzle of honey

Hot Oatmeal 6

Steal cut oats with choice of berry or nut topping

Salads

Caesar 10

Romaine, parmesan, and garlic croutons

Southwest 12

Romaine, cilantro, black olive, black beans, tomato, seasoned corn, avocado and pepperjack cheese

Greek 12

lettuce, cucumber, onion, tomato, olives, banana pepper, feta, greek dressing

Summer breeze 12

Spinach, romaine strawberries, blueberries, cashews and goat cheese

add grilled or fried chicken (\$5)

Soup

Varies Daily 6

Broccoli Cheddar, Tortilla, Mushroom Brie, Chicken Noodle

Entrees

California Club Panini 13

Grilled chicken breast, avocado, cheddar Cheese, roaster red pepper, pesto aioli

Southwest Chicken Wrap 12

Sundried tomato wrap, grilled chicken, black beans, corn, romaine, tomato, pepperjack cheese and chipotle mayo

Turkey Club 12

Turkey, bacon, provolone cheese, romaine, tomato and honey mustard

Smokehouse 12

Grilled chicken breast, bacon, grilled onions, cheddar cheese, tomato, spinach and chipotle mayo

Grilled Veggie Wrap 12

Zucchini, yellow squash, red peppers, mushroom, spinach, pesto mayo and provolone cheese

Roast Beef Horseradish Melt 13

Roast beef, caramelized onion, horseradish cream, cheddar cheese

Kids

Chicken tenders 9

5 pieces, choice of dipping sauce

Chicken quesadilla 9

Chicken breast, cheddar and jack cheese served with sour cream and salsa

Pizza 7

Choice of pepperoni or three cheese

Macaroni and Cheese 7

**consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illnesses*