

# THE *Cafe*

## *breakfast*

<b>blueberry or banana nut muffin</b>	5
<b>croissant</b>	5
<b>bagel</b>	5
plain or everything	
<b>beignets</b>	5
<b>breakfast sandwich</b>	10
choice of bagel, croissant, or wrap with bacon, egg, and cheese	
<i>add turkey or avocado +3</i>	

## *starters*

<b>fries</b>	4
<b>cheese curds</b>	6
ranch	
<b>mozzarella sticks</b>	6
marinara	
<b>chicken tenders</b> 3pc 7    6pc 10	
bbq, buffalo, honey mustard, or ranch	
<b>mini corn dogs</b>	7
ketchup	
<b>veggie plate</b>	9
carrots, celery, flatbread, ranch, hummus	
<b>chips &amp; salsa</b>	4
<b>chips, salsa, &amp; guac</b>	6

## *salads*

choice of dressing: ranch, sesame ginger, chipotle ranch, bleu cheese, italian, caesar

*turn any salad into a wrap +2*

<b>chopped</b>	11
chicken, cucumber, carrots, corn, tomato, romaine	
<b>cobb</b>	11
chicken, tomato, egg, avocado, cheddar, romaine	
<b>side salad</b>	5
tomato, cucumber, romaine	
<b>tuna or chicken salad</b>	11
two scoops of tuna, chicken or egg salad, cucumber, tomato	
<b>scoop</b>	6
tuna, chicken, or egg salad with toast or fruit	

## *handhelds*

choice of side: fries, sweet potato fries, chips, fruit, carrots, or celery

*add bacon or avocado +3*

*add chicken or turkey +4*

<b>cheeseburger</b>	12
choice of cheese, lettuce, tomato, onion	
<b>turkey guac</b>	11
turkey, guac, romaine, tomato, mozzarella	
<b>vegetarian</b>	11
romaine, cucumber, tomato, red pepper, hummus	
<b>the club</b>	11
turkey or chicken, tomato, bacon, american cheese, avocado, mayo	
<b>no mayo tuna</b>	11
tuna, celery, carrot, red pepper, green onion, parsley, lemon, olive oil, dijon mustard	
<b>chicken salad</b>	11
chicken, dried cranberries, celery, green onion, mayo	
<b>egg salad</b>	11
egg, celery, green onion, mayo	
<b>buffalo chicken</b>	11
buffalo tossed chicken, tomato, romaine, ranch	
<b>quesadilla</b>	10
choice of chicken or avocado, spinach, tomato, chihuahua cheese, sour cream, salsa on the side	
<b>gyro flatbread</b>	12
tomato, cucumber, tzatziki sauce	
<b>gyro burger</b>	12
burger patty, gyro meat, tomato, onion, tzatziki sauce	
<b>burger of the week (BOTW)</b>	12
please check the board for the BOTW	

## *smoothies*

fresh fruit from local vendors pureed in house

*whey protein +2 (vanilla, chocolate, plant-based vanilla, or plant based chocolate)*

<b>fresa</b>	12oz 7	16oz 10
vanilla yogurt, strawberries, banana, vanilla whey protein		
<b>very berry</b>	12oz 7	16oz 10
strawberries, raspberries, blueberries, banana, honey		
<b>trail mix</b>	12oz 7	16oz 10
coconut milk, chocolate chips, house made trail mix, almond butter		
<b>simply greens</b>	12oz 7	16oz 10
pineapple, banana, avocado, peas, spinach, kale, chia seeds, flax seed oil		
<b>smoothie of the day</b>	12oz 7	16oz 10
please ask		

## *coffee*

<b>espresso</b>	1.75	
<b>latte</b>	sm 3.50	lg 4.50
<b>americano</b>	sm 3	lg 4
<b>cappuccino</b>	sm 3.25	lg 4.50
<b>café mocha</b>	sm 3.50	lg 4.50
<b>coffee/tea</b>	sm 2	lg 2.50
<b>coffee of the day</b>	please ask	

## *beer, wine and cocktails*

<b>blue moon</b>	5
<b>miller lite, coors light, heineken</b>	6
<b>anti-hero</b>	6
<b>seasonal craft beer</b>	6
<b>white claw</b>	7
<b>truly</b>	7
<b>vodka, rum, tequila, or bourbon cocktail</b>	8
<b>mionetto prosecco</b>	8
<b>fire road sauvignon blanc</b>	8
<b>kim crawford sauvignon blanc</b>	8
<b>riff pinot grigio</b>	8
<b>kim crawford pinot gris</b>	8
<b>raymond chardonnay</b>	8
<b>joel gott chardonnay</b>	8
<b>avalon cabernet</b>	8
<b>imagery cabernet</b>	8
<b>avalon pinot noir</b>	8
<b>mark west pinot noir</b>	8
<b>mann merlot</b>	8