

# Chromium

## Breakfast

**Yogurt Parfait (V, GF) 9**  
fresh berries, housemade granola

**Warm Oatmeal (VG, GF, DF) 9**  
almond butter, dried fruit

**Breakfast Sandwich (NF) 9**  
egg, sausage, American cheese, jam

**Avocado Toast (NF, DF) 12**  
candied bacon, pickled onion,  
fried brussels, sunny egg

**Multigrain Pancake (V, NF) 13**  
peaches, brown sugar streusel

**Omelet (V, NF, GF) 14**  
lorraine swiss, melted leeks, fresh herbs

**Midtown Breakfast\*\* (NF) 14**  
two eggs, bacon or sausage, toast

**Chorizo Hash (NF, GF) 14**  
potato, cheddar, pepper, onion, egg

## Add-ons

Avocado 5

Fresh Fruit 5

Bacon 6

Pork/Turkey Sausage 6

Toast and Jam 6

Side Salad 6

Grilled Chicken Breast 7

Tofu 7

Beyond Burger 7

Grilled Shrimp 8

Roasted Salmon\*\* 9

Grilled Steak\*\* 9

*V-Vegetarian VG-Vegan DF-Dairy Free  
NF-Nut Free GF-Gluten Free*

*Accepted forms of payment include and are  
limited to member accounts, credit cards and  
gift cards*

## Lunch

**Housemade Falafel (V, NF, GF) 13**  
frisee, feta, kalamata olive

**Mixed Greens (VG, DF, NF, GF) 11**  
champagne vin, radish

**Cobb Salad (NF, GF) 15**  
avocado, egg, bacon, tomato,  
bleu cheese, red wine vinaigrette

**Grilled Shrimp & Chickpea Salad (DF, GF, NF) 15**  
chickpea, harissa, escabeche, cilantro

**Housemade Soup 8**  
ask your server, it sounds delicious

**Forbidden Rice Bowl (NF, GF, DF) 15**  
cucumber, kimchi, sesame sauce  
with chicken thigh or sunny egg

**Turkey Cheddar Grinder (NF) 17**  
bacon, chipotle bbq, pickles, fries

**Cheeseburger\*\* (NF) 17**  
white cheddar, Midtown sauce,  
lettuce, onion, tomato, fries

**Fried Chicken Sandwich (NF) 17**  
cabbage slaw, special sauce, fries

**Italian Club (NF) 17**  
mortadella, copa, soppressata, pancetta  
smoked provolone, lettuce, onion, tomato, fries

**Low Country Farfalle (NF) 19**  
shrimp, andouille sausage, lump crab, cajun corn

## Pizza

**Margherita (V, NF) 14**  
fresh tomato, mozzarella, basil

**Pepperoni (NF) 15**  
giardiniera, red sauce

*\*\*These items can be ordered raw or undercooked.  
Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food borne  
illnesses.*

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## For the Table

**Smoked Halibut Brandade (GF, NF) 13**  
Grilled Bread

**House Focaccia (NF, V) 11**  
Toasted, Whipped Butter, Nutmeg

**Ajvar (DF, NF, VG) 10**  
Little Gem, Cucumber, Baby Carrot

**Chickpea Fritter (GF, NF, V) 9**  
House Pomodoro, White Truffle

**Grilled Broccolini (GF, DF) 10**  
Garlic Peanut Relish

**Pimento Blanco (NF, V) 10**  
House Sourdough Seed Cracker

**Baked Risotto (NF, V) 10**  
Quatro Formaggio

## Small Plates

**Miso Soup (GF, DF, NF, VG) 10**  
Napa, Tofu, Seaweed, Shitake

**Tuna Tartare\*\* (NF) 16**  
Avocado, Wakame, Wasabi Mayo,  
Crispy Wonton

**Roasted Sweet Potato (DF, VG) 10** 🌶️  
Gochujang, Lime

**Mixed Greens (GF, DF, NF, VG) 11**  
Radish, Champagne Vinaigrette

**Marinated Beets (GF, NF, VG) 13**  
Olive Tapenade, Date Puree, Ricotta Salata

**Apple Artichoke Caesar (GF, DF, NF) 13**  
Romaine Heart, Parmesan

## Large Plates

**Cheeseburger (NF) 17**  
2yr Cheddar, Midtown Sauce, LTO

**Fried Chicken Sandwich (NF) 17**  
Cabbage Slaw, Pickles, Secret Sauce

**Pumpkin Ravioli (NF, V) 19**  
Butter, Parmesan Crumble

**Pan Roasted Salmon\*\* (GF, DF, NF) 26**  
Green Papaya Salad, Scallion, Cherry Tomato

**Stuffed Acorn Squash (GF, DF, NF, VG) 22** 🌶️  
Roasted Root Vegetable, Red Curry Carrot Broth  
Sunflower Seeds

**Trout Lyonnaise (GF, NF) 28**  
Frisee, Fingerlings, Lardon, Hollandaise

**Half Roasted Chicken (GF, NF) 25**  
Wild Rice, Celery, Pomegranate, Cider Cream

## Dessert

**Basque Cheesecake (V) 8**  
Walnut, Honey

**Cherry Cobbler (NF, V) 8**  
Creme Anglaise

**Flourless Chocolate Cake (GF, V) 8**  
Pistachio Mousse

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