

# Chromium

## breakfast

<b>omelet</b>	<b>\$12</b>
<i>choice of three items;</i> mushrooms, peppers, onions, spinach, cheese, bacon, sausage, served with breakfast potato	
<b>two eggs, any way</b>	<b>\$12</b>
choice of bacon or sausage, served with breakfast potato	
<b>loaded avocado toast</b>	<b>\$14</b>
bacon, charred tomato, arugula, mushrooms, pickled onions, sunny side up egg	
<b>breakfast burrito</b>	<b>\$12</b>
choice of bacon or sausage, eggs, peppers, onions, cheese, potato	
<b>oatmeal</b>	<b>\$6</b>
<i>choice of two items;</i> berries, sliced banana, cinnamon, brown sugar, walnuts	

## salads

<b>spring salad</b>	<b>\$11</b>
aoston lettuce, fresh mint, grilled asparagus, spring peas, radishes, blueberries, cherry tomatoes, balsamic vinaigrette	
<b>quinoa, kale + spinach salad</b>	<b>\$11</b>
roasted Brussel sprouts, garbanzo beans, tomatoes, grilled asparagus, carrots, creamy shallot vinaigrette	
<b>grilled vegetable salad</b>	<b>\$11</b>
greens, grilled zucchini, grilled squash, grilled asparagus, crumbled goat cheese, carrots, cherry tomatoes, candied walnuts, dijon mustard poppyseed vinaigrette	
<b>spinach salad</b>	<b>\$11</b>
fresh strawberries, orange segments, roasted chickpeas, roasted cashews, crumbled goat cheese, raspberry vinaigrette	
<b>southwest salad</b>	<b>\$11</b>
greens, tomatoes, black beans, corn, crispy tortilla strips, shredded mozzarella cheese, avocado, cilantro lime vinaigrette	

*add chicken \$5, salmon \$7, shrimp \$7, marinated tofu \$5*

## sandwiches *choice of fries, sweet potato fries, fruit, or side salad*

<b>turkey club sandwich</b>	<b>\$13</b>
lettuce, tomato, bacon, mayo, multigrain bread	
<b>grilled chicken sandwich</b>	<b>\$15</b>
pickles, tomatoes, lettuce, brioche bun	
<b>beef burger</b>	<b>\$15</b>
lettuce, tomato, onion, choice of cheese, sesame bun	
<b>impossible burger</b>	<b>\$15</b>
lettuce, tomato, onion, choice of cheese, sesame bun	
<b>tuna salad sandwich</b>	<b>\$13</b>
lettuce, tomato, multigrain bread	
<b>bbq pulled chicken sandwich</b>	<b>\$15</b>
grilled onion, mushrooms, American cheese, brioche bun	
<b>cheese quesadilla</b>	<b>\$8</b>
add chicken \$5, shrimp \$7	
<b>chicken caesar wrap</b>	<b>\$14</b>
lettuce, tomato, crouton, parmesan Reggiano	
<b>grilled vegetable wrap</b>	<b>\$14</b>
lettuce, tomato, avocado, roasted garlic avocado aioli	
<b>turkey wrap</b>	<b>\$13</b>
lettuce tomato, bacon, mayo	

## sides

<b>truffle fries</b>	<b>\$6</b>
parmesan, parsley	
<b>fries</b>	<b>\$4</b>
<b>sweet potato fries</b>	<b>\$4</b>
<b>avocado</b>	<b>\$2</b>
<b>breakfast potatoes</b>	<b>\$4</b>
<b>bacon</b>	<b>\$4</b>
<b>toast</b>	<b>\$3</b>

## *smoothies*

**organic simply greens** \$6

270 calories

organic pineapple puree, banana, kale, spinach, avocado, vanilla whey protein

**organic berry trim** \$6

250 calories

organic berry puree, banana, get lean, vanilla whey protein

**organic strawberry** \$6

250 calories

organic strawberry puree, banana, strawberries, vanilla whey protein

**skinny minny** \$6

260 calories

banana, pb lite, vanilla whey protein, choice of milk

**peanut butter cup** \$7

580 calories

peanut butter or pb lite, choice of protein, chocoholic's choice, choice of milk

**body builder** \$7

370 calories

banana, choice of protein, creatine, choice of milk

**banana nut bread** \$7

540 calories

banana, peanut butter or pb lite, vanilla protein, choice of milk

## **kids smoothies**

**chocolate frosty** \$5

150 calories

chocoholic's choice, chocolate protein, choice of milk

**organic strawberry shortcake** \$5

140 calories

strawberries, banana, vanilla whey protein

## *soft drinks*

**fountain drink** \$2

**fresh brewed iced tea** \$3

**canned soda** \$2.25

## *beer seltzer wine*

**domestic beer** \$6-8

**imported beer** \$8

**hard seltzer** \$6

**cut water** \$7

**canned wine** \$8-9

**glass house wine** \$10

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## *coffee*

**grand riserva premium coffee** \$3

**americano** \$3.5

**cappuccino** \$4.5

**latte** \$4.5

**espresso** \$3.5

**iced coffee** \$3

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## **kids menu**

**kids' burger** \$9

lettuce, tomato, choice of cheese  
choice of fries or fruit

**mac + cheese** \$5

**hot dog** \$6

choice of fries or fruit

**grilled cheese sandwich** \$6

choice of fries or fruit

**cheese quesadilla** \$6

**chicken tender** \$9

choice of fries or fruit

# Chromium

## Dinner

### starters

<b>caprese salad</b>	<b>\$11</b>
mozzarella, tomato, fresh basil, balsamic	
<b>cheeses and charcuterie</b>	<b>\$12</b>
chef's choice of two cheeses and two meats crackers, Marcona almonds, fig jam, marinated Cerignola olives	
<b>loaded avocado toast</b>	<b>\$14</b>
bacon, charred tomato, arugula, mushrooms, pickled onion, sunny side up egg	
<b>cheese quesadilla</b>	<b>\$12</b>
homemade salsa, sour cream <i>add chicken \$5, shrimp \$7</i>	
<b>truffle fries</b>	<b>\$6</b>
truffle oil, parmesan Reggiano, parsley	
<b>risotto arancini</b>	<b>\$11</b>
mozzarella cheese, marinara, fresh basil	

### salads

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<b>quinoa, kale + spinach salad</b>	<b>\$11</b>
roasted Brussel sprouts, garbanzo beans, tomatoes, grilled asparagus, carrots, creamy shallot vinaigrette	
<b>grilled vegetable salad</b>	<b>\$11</b>
greens, grilled zucchini, squash, asparagus and peppers, crumbled goat cheese, cherry tomatoes, candied walnuts, dijon mustard poppyseed vinaigrette	
<b>spinach salad</b>	<b>\$11</b>
fresh strawberries, orange segments, roasted chickpeas, roasted cashews, crumbled goat cheese, raspberry vinaigrette	
<b>southwest salad</b>	<b>\$11</b>
greens, tomatoes, black beans, corn, crispy tortilla strips, shredded mozzarella cheese, avocado, cilantro lime vinaigrette	

*add chicken \$5, salmon 7, shrimp \$7, marinated tofu \$5*

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<b>grilled vegetable wrap</b>	<b>\$14</b>
lettuce, tomato, avocado, roasted garlic avocado aioli	
<b>turkey wrap</b>	<b>\$13</b>
lettuce, tomato, bacon, mayo	

### sides

<b>fries</b>	<b>\$4</b>
<b>sweet potato fries</b>	<b>\$4</b>
<b>avocado</b>	<b>\$3</b>
<b>breakfast potatoes</b>	<b>\$4</b>
<b>bacon</b>	<b>\$3</b>
<b>toast</b>	<b>\$3</b>

### Desserts

<b>ice cream sandwich</b>	<b>\$5</b>
<b>passionfruit panna cotta</b>	<b>\$8</b>
<b>bread pudding ala mode</b>	<b>\$9</b>

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