

THE Cafe

breakfast

Midtown breakfast*	14
two eggs, bacon or sausage, bravas potatoes, toast	
avocado toast	9
gluten free multigrain bread, avocado, roasted grape tomato, chives, micro-greens, maldon sea salt, egg crumble	
multigrain pancake	11
blueberries, lemon mascarpone	
breakfast sandwich*	9
english muffin, egg, bacon or sausage, american cheese, served with fruit	

shareables and lighter bites

chicken salad tartine	8
chicken, greek yogurt, grapes, apple, slivered almonds, arugula, lemon, gluten free multigrain bread	
veggie spring rolls	11
kale crunch, rice noodles, mango, cucumber, fresh herbs, green onion, house-made chili peanut sauce	

flatbreads

four cheese	14
mozzarella, parmesan, provolone, ricotta	
pepperoni	15
mozzarella, pepperoni	
sausage	15
mozzarella, chicken sausage	
margherita	14
EVOO, garlic, tomato, mozzarella, basil herb drizzle	
mushroom & truffle	16
besciamella, wild mushroom, parmesan, arugula, truffle honey	

handhelds gluten-free bun or bread (\$2)

caprese sandwich	13
dutch crunch, pesto, fresh mozzarella, tomato, balsamic glaze, arugula, choice of side	
Midtown smashburger*	14
two 3oz patties, american cheese, lettuce, red onion, bread & butter pickles, dijonnaise, brioche bun, choice of side – vegetarian alternative available	
fried chicken sandwich	14
slaw, roasted carrot & honey mustard, pickles, brioche bun, choice of side	
traditional shawarma	14
choice of chicken or gyros, grilled pita, lettuce, tomato, cucumber, red onion, feta spread, choice of side	
vegan chickpea cashew wrap	12
mashed chickpeas, sautéed garlic & tomato, lemon, house-made cashew butter, crushed cashew, kale crunch, shredded carrots, vegan spinach tortilla wrap	

sides

french fries, sweet potato waffle fries, house-made chips, caesar salad, fruit salad, soup

soup and salad all salads available as wrap served with choice of side

add grilled chicken (\$5), grilled salmon* (\$7), seared ahi tuna*(\$7), veggie burger (\$5)

caesar	12
romaine, parmesan, house-made potato chips vegetarian caesar dressing	
kale	12
kale, radicchio, blueberries, feta maple vanilla vinaigrette	
greek	13
romaine, cucumber, red onion, tomato, kalamata olives, banana pepper, feta lemon vinaigrette	
cobb	14
romaine, grilled marinated chicken, avocado, bacon, egg, tomato, goat cheese, red onion ranch dressing	
superfood salad	13
rainbow kale, brussels sprouts, quinoa, carrots, pickled red onions, avocado, crispy chickpeas chia seed vinaigrette	

plates and bowls

salmon*	15
salmon, cahokia high protien brown rice, cucumber, avocado, mango, crispy chickpeas, green onion, chili aioli	
sesame crusted ahi tuna*	15
seared ahi tuna, sesame seeds, cahokia high protien brown rice, cucumber, carrots, edamame, radish, scallion, house-made peanut sauce	
miso braised short rib*	16
short rib, cahokia high protein white rice, mushroom, broccoli, pickled red onion, fried egg, sriracha aioli	
chicken shawarma plate	14
protein cahokia high protien brown rice, hummus, feta, cherry tomato, cucumber, red onion, kalamata olive, mint, cilantro	

kids all entrees served with side of fruit

kids cheeseburger*	7
3oz patty, american cheese, brioche bun	
kids grilled cheese	7
gluten free multigrain bread, american cheese	
kids chicken tenders	7
ranch dressing	
kids flatbread	7
choice of cheese, pepperoni, or chicken sausage	

*consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illnesses. especially if you have certain medical conditions.