

Gymnase Multi-sports - Multi-sports gym

Lun/Mon	Mar/Tue	Mer/Wed	Jeu/Thu	Ven/Fri	Sam/Sat	Dim/Sun
5h30-8h05 Gymnase Libre	5h30-6h35 Gymnase Libre	5h30-6h35 Gymnase Libre	5h30-5h50 Gymnase Libre	5h30-7h50 Gymnase Libre		
	7h35-7h50 Gymnase Libre	7h50-8h20 Gymnase Libre	7h15-7h50 Gymnase Libre		7h-8h05 Gymnase Libre	7h-8h50 Gymnase Libre
12h45-13h05 Gymnase Libre	12h45-13h05 Gymnase Libre	11h35-11h50 Gymnase Libre	12h20-13h05 Gymnase Libre	11h35-11h50 Gymnase Libre	12h20-12h30 Gymnase Libre	
					12h30-14h45 Basketball ★	12h40-13h15 Gymnase Libre
14h20-15h Gymnase Libre	14h20-15h Gymnase Libre	13h20-15h Gymnase Libre	14h20-15h Gymnase Libre	13h30-16h20 Gymnase Libre		
15h-16h Camp de Tennis	15h-16h Camp de Tennis	15h-16h Camp de Tennis	15h-16h Camp de Tennis			14h20-15h50 Gymnase Libre
16h-16h35 Gymnase Libre	16h-16h35 Gymnase Libre	16h-16h35 Gymnase Libre	16h-16h35 Gymnase Libre			
					14h45-19h45 Gymnase Libre	
20h30-22h45 Volleyball Jean-Philippe	20h05-20h25 Gymnase Libre	20h-22h Basketball ★	19h45-22h45 Gymnase Libre	18h35-19h Gymnase Libre	18h20-19h45 Gymnase Libre	
	20h30-22h30 Soccer 16 ans+ Benjamin	22h-22h45 Gymnase Libre		19h-21h Basketball ★		
				21h-22h45 Gymnase Libre		

★ Activité sans supervision, pour adultes seulement (16 ans ou plus)

Activity without supervision, for adults only (16 years old or older)

MIDTOWN Le Sporting Club Sanctuaire

6105 avenue du Boisé, Montréal (Québec) H3S 2V9

Tél : (514) 737-0000. Fax : (514) 737-5407. www.midtown.com