

# THANKSGIVING DAY

## SCHEDULE THURSDAY, NOVEMBER 22

7:00am-1:00pm	CLUB HOURS
8:00am-1:00pm	KIDTOWN
8:00am-12:30pm	CAFÉ
Closed	SPA
Closed	PRO SHOP
Closed	OFFICE

### TENNIS

8:30-10:00am	Cardio Tennis
10:00am-12 Noon	Special Doubles Drill Strategy

### FITNESS

#### Main Studio

8:30am	Strength Sculpt with Loryn
9:30am	Strong by Zumba with Aurelio
10:30am	Body Pump with Teri
11:30AM	Power Rhythm with Raymond

#### Cycle

8:30am	PWR with Jose
9:30am	VIBE with Loryn

#### Outside

9:00am	Boot Camp with Isabel
10:00am	Tidal with Gwendolyn

#### Mind Body

8:30am	Booty Barre with Gwendolyn
9:45am	Power Vinyasa 75