

MIDTOWN ATHLETIC CLUB

2019-2020 PILATES IMMERSION AND INSTRUCTOR TRAINING APPLICATION

Name: _____ Member Non-Member

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____ Phone: _____

1) Describe your current regular Pilates practice. How long have you been practicing?

2) Please list any specific Pilates programs, workshops, or retreats you have participated in over the last 2 years.

3) Briefly describe what inspired you to apply for this program and what you hope to achieve.

Modules:

- | | | |
|---|------------------|----------------------|
| <input type="checkbox"/> Movement Principles Training | Members: \$495 | Non-Members: \$510 |
| <input type="checkbox"/> Mat Instructor Training | Members: \$1,475 | Non-Members: \$1,525 |
| <input type="checkbox"/> Reformer Instructor Training | Members: \$1,675 | Non-Members: \$1,725 |
| <input type="checkbox"/> Apparatus Instructor Training | Members: \$1,475 | Non-Members: \$1,525 |
| <input type="checkbox"/> Mat & Reformer Combo | Members: \$3,549 | Non-Members: \$3,649 |
| <input type="checkbox"/> Reformer & Apparatus Combo | Members: \$3,549 | Non-Members: \$3,649 |
| <input type="checkbox"/> Comprehensive Instructor Certification | Members: \$4,999 | Non-Members: \$5,149 |

Fee Enclosed: \$ _____

Payment: Visa MasterCard Amex Discover House Account Check

Card Number: _____ Exp. Date: _____ / _____

A \$500 non-refundable deposit is required at time of registration. Payment in full is required one week prior to program start date. Make checks payable to Midtown Athletic Club.

***Movement Principles is required as of 2019, and is included in the 3 packages.**

Please return to: Lizabeth Burrows, Pilates Director
Email: lizabeth.burrows@midtown.com Phone: 585.512.2757

MIDTOWN
ATHLETIC CLUB®

200 E. Highland Dr Rochester
585.461.2300 midtown.com