

POOL & DECK ETIQUETTE

Friday, May 24 through Monday, September 2

OPENING & CLOSING

The pool will close immediately if thunder, lightning or tornado warnings are issued. In such cases, the pool will reopen at the discretion of the Aquatics Supervisor after a minimum of 30 minutes.

Aquatic Associates are responsible for the safety of all members and guests using the pools. The following rules and etiquette items are not meant to be exclusive and are subject to change. Any questions about the following rules should be brought to the attention of the Aquatics Director or a Manager on Duty.

Immediate attention must be given at the sound of the lifeguard's whistle.

No running on deck.

Adults have priority for the use of lounge chairs.

Lounge chairs MAY NOT be reserved with towels or personal items.

Appropriate swimming attire is required to enter the pool. Shoes and tops are required to re-enter the Club.

Parents or guardians are responsible for and must supervise their children at all times.

In consideration of other members, please dispose of trash, towels, etc. upon departure.

Be considerate of other members when using cell phones.

Return all Aquatics Equipment to proper location when finished workout.

Patrons who appear to be under the influence will not be allowed in or near the pools.

Music must be kept personal. Please wear earphones when listening.

Only properly fitting US Coast Guard approved floatation devices will be permitted for non-independent swimmers.

Only approved swim diapers are allowed in the pool. Swim diapers are available for purchase at the The Shop.

Children must demonstrate swimming proficiency. A swim test will be administered when deemed necessary by a lifeguard.

Parents must remain in the pool within arm's reach of non-swimmers.

With or without lifeguard on duty: Children 0-13 must have parent accompany and be in view at all times. Children 14-15 must have parent on Midtown premises. Children 16+ have full access to pool.

GUESTS

Guest fees are \$30 per person and are limited to 3 visits per year. Guests must be accompanied by a member and register at reception. Passes may be used on weekdays, Monday-Thursday, for all ages. Guests must be 21 or older Friday through Sunday and holidays.

Toys and ball playing is allowed only at the lifeguard's discretion. During busy time periods, ball play is not permitted. The Club does not provide noodles, however, Members may bring their own for personal use.

No jumping backward, spinning or flips off the side of the pools, lifeguard chairs or diving blocks. Diving from a block is only permitted during competitive events, lessons or practice.

Ladders are for exiting the pool. Do not sit, swing or hang on the metal railings or ladder.

Lap lanes are for lap swimming only. No standing or talking in the lanes. Please do not hang on the lane line or safety rope.

Food shall not be consumed in or around the pools. Food may be consumed in designated dining areas. Beverages are not permitted in the pool. All glass containers are prohibited.

Midtown is a non-smoking facility. This applies to all outdoor areas as well.

The use of the pool will be denied to any person having evidence of contagious disease or illness.

Children under 16 are not permitted in or around the hot tubs. Additional Illinois State Swimming Pool and Spa Rules and Regulations regarding bather health and safety must be followed at all times.

The youth pool is designed for children 6 years of age and younger and must be accompanied by an adult at all times.

Bathers are expected to shower before entering pools or hot tubs.

Adult Swims are 15 minutes long for 16 years and older. They are planned for 11:30am, 1:30pm, 3:30pm and 5:30pm.

On occasion, a chemical re-balance may be called. This would remove all swimmers from the pool for a minimum of 30 minutes.

All times and schedules are subject to change.

MIDTOWN
ATHLETIC CLUB®