

Pool Lane Schedule: Indoor Pool

Day	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday			
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
Time																												
5:00am	Red				Red				Red				Red				Red											
5:30am	Red				Red				Red				Red				Red											
6:00am	Red				Red				Red				Red				Red											
6:30am	Red				Red				Red				Red				Red											
7:00am	Red				Red				Red				Red				Red				Red				Red			
7:30am	Red				Red				Red				Red				Red				Red			Red				
8:00am	Purple	Purple	Purple		Purple	Purple	Purple		Purple	Purple	Purple		Purple	Purple	Purple		Purple	Purple	Purple		Purple	Purple	Purple		Red			
8:30am	Purple	Purple	Purple		Purple	Purple	Purple		Purple	Purple	Purple		Purple	Purple	Purple		Purple	Purple	Purple		Purple	Purple	Purple		Red			
9:00am	Red				Red				Red				Red				Red				Red			Red				
9:30am	Red				Red				Red				Red				Red				Green	Green		Red				
10:00am	Red				Red				Red				Red				Red				Green	Green		Red				
10:30am	Red				Red				Red				Red				Red				Red			Red				
11:00am	Red				Red				Red				Red				Red				Red			Red				
11:30am	Red				Red				Red				Red				Red				Red			Red				
12:00pm	Red				Red				Red				Red				Red				Red			Red				
12:30pm	Red				Red				Red				Red				Red				Red			Red				
1:00pm	Red				Red				Red				Red				Red				Red			Red				
1:30pm	Red				Red				Red				Red				Red				Red			Red				
2:00pm	Red				Red				Red				Red				Red				Red			Red				
2:30pm	Red				Red				Red				Red				Red				Red			Red				
3:00pm	Red				Red				Red				Red				Red				Red			Red				
3:30pm	Red				Red				Red				Red				Red				Red			Red				
4:00pm	Red				Red				Red				Red				Red				Red			Red				
4:30pm	Green	Green			Red				Green	Green			Red				Red				Red			Red				
5:00pm	Green	Green			Red				Green	Green			Red				Red				Red			Red				
5:30pm	Red				Purple	Purple	Purple		Red				Red				Red				Red			Red				
6:00pm	Red				Purple	Purple	Purple		Red				Red				Red				Red			Red				
6:30pm	Red				Red				Red				Red				Red				Red			Red				
7:00pm	Red				Red				Yellow	Yellow	Yellow	Yellow	Red				Red				Red			Red				
7:30pm	Red				Red				Yellow	Yellow	Yellow	Yellow	Red				Red				Red			Red				
8:00pm	Red				Red				Red				Red				Red				Red			Red				
8:30pm	Red				Red				Red				Red				Red				Red			Red				
9:00pm																												

Group Lessons

Aqua Classes

Open Swim no lifeguard

Swim Team Practice

Swim Performance Training

Adult Lap Swimming

Parent Child Class

Guarded Family Swim

Midtown is a Family Facility, to accommodate as many members as possible we keep three lanes open for adult lap swimmers and one lane open of families coming into swim, with the exception being during scheduled programs. If you have any questions, please contact the Aquatics Manager Brian Miller. Brian.Miller@midtown.com