

Chromium

breakfast

omelet	\$12
<i>choice of three items;</i> mushrooms, peppers, onions, spinach, cheese, bacon, sausage, served with breakfast potato	
two eggs, any way	\$12
choice of bacon or sausage, served with breakfast potato	
loaded avocado toast	\$14
bacon, charred tomato, arugula, mushrooms, pickled onions, sunny side up egg	
breakfast burrito	\$12
choice of bacon or sausage, eggs, peppers, onions, cheese, potato	
oatmeal	\$6
<i>choice of two items;</i> berries, sliced banana, cinnamon, brown sugar, walnuts	

salads

spring salad	\$11
aoston lettuce, fresh mint, grilled asparagus, spring peas, radishes, blueberries, cherry tomatoes, balsamic vinaigrette	
quinoa, kale + spinach salad	\$11
roasted Brussel sprouts, garbanzo beans, tomatoes, grilled asparagus, carrots, creamy shallot vinaigrette	
grilled vegetable salad	\$11
greens, grilled zucchini, grilled squash, grilled asparagus, crumbled goat cheese, carrots, cherry tomatoes, candied walnuts, dijon mustard poppyseed vinaigrette	
spinach salad	\$11
fresh strawberries, orange segments, roasted chickpeas, roasted cashews, crumbled goat cheese, raspberry vinaigrette	
southwest salad	\$11
greens, tomatoes, black beans, corn, crispy tortilla strips, shredded mozzarella cheese, avocado, cilantro lime vinaigrette	

add chicken \$5, salmon \$7, shrimp \$7, marinated tofu \$5

sandwiches *choice of fries, sweet potato fries, fruit, or side salad*

turkey club sandwich	\$13
lettuce, tomato, bacon, mayo, multigrain bread	
grilled chicken sandwich	\$15
pickles, tomatoes, lettuce, brioche bun	
beef burger	\$15
lettuce, tomato, onion, choice of cheese, sesame bun	
impossible burger	\$15
lettuce, tomato, onion, choice of cheese, sesame bun	
tuna salad sandwich	\$13
lettuce, tomato, multigrain bread	
bbq pulled chicken sandwich	\$15
grilled onion, mushrooms, American cheese, brioche bun	
cheese quesadilla	\$8
add chicken \$5, shrimp \$7	
chicken caesar wrap	\$14
lettuce, tomato, crouton, parmesan Reggiano	
grilled vegetable wrap	\$14
lettuce, tomato, avocado, roasted garlic avocado aioli	
turkey wrap	\$13
lettuce tomato, bacon, mayo	

sides

truffle fries	\$6
parmesan, parsley	
fries	\$4
sweet potato fries	\$4
avocado	\$2
breakfast potatoes	\$4
bacon	\$4
toast	\$3

smoothies

organic simply greens \$6

270 calories

organic pineapple puree, banana, kale, spinach, avocado, vanilla whey protein

organic berry trim \$6

250 calories

organic berry puree, banana, get lean, vanilla whey protein

organic strawberry \$6

250 calories

organic strawberry puree, banana, strawberries, vanilla whey protein

skinny minny \$6

260 calories

banana, pb lite, vanilla whey protein, choice of milk

peanut butter cup \$7

580 calories

peanut butter or pb lite, choice of protein, chocoholic's choice, choice of milk

body builder \$7

370 calories

banana, choice of protein, creatine, choice of milk

banana nut bread \$7

540 calories

banana, peanut butter or pb lite, vanilla protein, choice of milk

kids smoothies

chocolate frosty \$5

150 calories

chocoholic's choice, chocolate protein, choice of milk

organic strawberry shortcake \$5

140 calories

strawberries, banana, vanilla whey protein

soft drinks

fountain drink \$2

fresh brewed iced tea \$3

canned soda \$2.25

beer seltzer wine

domestic beer \$6-8

imported beer \$8

hard seltzer \$6

cut water \$7

canned wine \$8-9

glass house wine \$10

coffee

grand riserva premium coffee \$3

americano \$3.5

cappuccino \$4.5

latte \$4.5

espresso \$3.5

iced coffee \$3

kids menu

kids' burger \$9

lettuce, tomato, choice of cheese
choice of fries or fruit

mac + cheese \$5

hot dog \$6

choice of fries or fruit

grilled cheese sandwich \$6

choice of fries or fruit

cheese quesadilla \$6

chicken tender \$9

choice of fries or fruit