

	Midtown Palatine Indoor Pool Schedule						Effective 3/1/2021
Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM		5am-9am	5am-3pm	5am-9am	5am-3pm	5am-8am	
5:30 AM		Adult Open Swim	Adult Open Swim	Adult Open Swim	Adult Open Swim	Adult Open Swim	
6:00 AM							
6:30 AM							
7:00 AM	7am-9am						7am-9pm
7:30 AM	Adult Open Swim						Adult Open Swim
8:00 AM							
8:30 AM							
9:00 AM		9am-945 am		9am-945am		9am-945 am	
9:30 AM	Youth Swim Lessons	Aqua Bootcamp		Aqua Pilates		Aqua Bootcamp	Youth Swim Lessons
10:00 AM	9am-11am	Lane #4 Open		Lane #4 Open		Lane #4 Open	9am-11am
10:30 AM		945am-530pm		945am-530pm		945am-530pm	
11:00 AM		Adult Open Swim		Adult Open Swim		Adult Open Swim	
11:30 AM							
12:00 PM	11am -3pm						11am-3pm
12:30 PM	Adult Open Swim						Adult Open Swim
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM	3-430pm		3-430pm		3-430pm		3-430pm
	Family Swim-Lanes 1 & 2		Family Swim-Lanes 1 & 2		Family Swim-Lanes 1 & 2		Family Swim-Lanes 1 & 2
3:30 PM	only		only		only		only
	Lanes 3 & 4 for adults		Lanes 3 & 4 for adults		Lanes 3 & 4 for adults		Lanes 3 & 4 for adults
4:00 PM	only		only		only		only
4:30 PM							
5:00 PM							
5:30 PM		530pm-615pm	430pm-700pm	530pm-615pm	430pm-700pm	5-7pm	
6:00 PM		H2O HIT	Adult Open Swim	H2O HIT	Adult Open Swim	Family Swim-Lanes 1 & 2	
6:30 PM		Lane #4 Open		Lane #4 open		only	
7:00 PM		615pm-830pm		615pm-830pm		Lanes 3 & 4 open for	
			Adult Swim Performance		Youth Swim Lessons	adults only	
7:30 PM		Adult Open Swim	Training	Adult Open Swim	700pm-800pm	7pm-830pm	
8:00 PM			700pm-800pm		Adult Open Swim		
8:30 PM							
9:00 PM							

- Adult Open Swim
- Adult Aqua Group Ex programming
- Youth Swim Programming
- Adult Group Programming
- Family Swim Lanes 1&2 only: **NO LIFEGUARD; SWIM AT YOUR OWN RISK**
- Pool Closed