QUICK BITES

BRIE & BAGUETTE $8.95  
French baby brie topped by a warm cranberry-pecan compote

JAPANESE POTSTICKERS-GYOZA (5) $5.95  
Served with homemade dipping sauce

SESAME CRUSTED AHI TUNA $10.95  
Wakame seaweed-edemame salad

CHEESE TEQUENOS (5) $5.95  
Organic chicken tenders (5) $6.25  
Signature sweet potato fries $4.95  
Beer battered onion rings $4.95  
Chicken & cheese quesadillas $5.95

SALADS

dressing choices:
honey balsamic, blue cheese, caesar, ranch, sesame ginger

protein extras:
organic chicken breast $2.95  
Roasted turkey breast $2.00  
Poached alaskan salmon $3.95  
Vegetarian burger $3.95  
Albacore tuna-yogurt salad $2.95  
Egg white-egg salad $2.95

CUSTOM SALAD CREATIONS
Design your own salad with a variety of fresh ingredients

RITZ CARLTON WEDGE SALAD $9.95  
Chilled iceberg lettuce, apple wood smoked bacon & vine ripened tomato topped with homemade chunky blue cheese dressing

STEAK SALAD $14.95  
Grilled skirt steak, three lettuce blend, blue cheese, cucumber, vine ripe tomato, & crispy onion rings

AHU TUNA SALAD $14.95  
Seared sashimi grade tuna, toasted almonds, vine ripe tomato, mandarin oranges & edemame

SALMON SALAD $12.95  
Poached alaskan salmon, mixed greens, spinach, green apple & sundried cranberries tossed with light sesame ginger dressing

SKINNY SCOOPS SALAD $11.95  
Albacore tuna-yogurt salad scoop, egg white-egg salad scoop fresh greens with carrot, tomato & cucumber

CAPRESE CHOP SALAD $10.95  
Chopped & tossed-organic tomatoes, buffalo mozzarella cheese, fresh basil, garlic infused olive oil served on a bed of arugula

HARVEST SALAD $9.95  
Gorgonzola cheese, sunflower seeds, garbanzo beans, sundried cranberries, carrots, Spanish cucumber & green apple

CAESAR SALAD $8.95  
Crisp romaine, parmesan cheese, herb croutons & caesar dressing
SANDWICHES & WRAPS

Served with choice of Side Salad, French Fries, Chips, Fresh Fruit
Sweet Potato Fries (add $1.50) Side Caesar Salad (add $1.50) Bowl of Soup (add $2.00)

FRENCH DIP $10.95
grain fed-aged roast beef, swiss cheese, roasted red peppers, sautéed onion, horseradish crème, homemade au-jus on artisan sourdough ciabatta

CALIFORNIA CLUB $10.95
all natural turkey breast, apple wood bacon, avocado, fresh greens, tomato, avocado crème on artisan sourdough ciabatta

MAHI SANDWICH $11.95
grilled mahi, asian slaw, tomato on artisan sourdough ciabatta

SALMON WRAP $9.95
poached alaskan salmon, organic spinach, green apple, sundried cranberries & light sesame ginger dressing wrapped in a black bean-whole grain wrap

TURKEY DEL SOL PANINI $9.95
all natural turkey breast, light mozzarella cheese, spinach & sundried tomato spread on protein rich whole grain bread

FAVORITE CREATIONS

CEDAR PLANK SALMON $14.95
wild sushi grade salmon grilled in a pink sea salt rub served with organic garden vegetables & choice of japanese brown rice or organic quinoa

HAWAIIAN MAHI MAHI $14.95
sesame-ginger marinated and grilled fillet served with organic garden vegetables & choice of japanese brown rice or organic quinoa

MAHI MAHI FISH TACOS (3) $12.95
hawaiian mahi-beer battered, served on corn tortillas with choice of side

ASIAN SHORT RIBS $14.95
marinated & grilled beef short ribs served with coconut rice & grilled pineapple

QUINOA AND SHRIMP $12.95
organic aztec & ivory quinoa tossed with organic seasonal vegetables & grilled shrimp

CHURASCO STEAK $14.95
8oz grass fed prime skirt steak served with the ritz carlton wedge salad & chimichurri sauce
BURGER BAR

made with our 8oz black angus-brisket burger. served with choice of side salad, french fries, chips, fresh fruit sweet potato fries (add $1.50) side caesar salad (add $1.50) bowl of soup (add $2.00)

**M-CAFÉ SIGNATURE BURGER** $11.95
lettuce, tomato, onion, pickle

**THE PARISIAN BURGER** $14.95
french baby brie, apple wood bacon jam, truffle aioli

**BLACK-N-BLUE** $12.95
italian gorgonzola cheese, caramelized onion, sautéed mushroom

**SPICY CRUNCHY BURGER** $11.95
cheddar jack cheese, chipotle aioli, crispy onion rings

**RISE & SHINE BURGER** $12.95
fried egg, swiss cheese, apple wood smoked bacon

**THE ITALIAN BURGER** $13.95
buffalo mozzarella, vine ripe tomato, basil pesto, balsamic

**CALIFORNIA BURGER** $12.95
avocado, avocado crème, lettuce, tomato, bacon, swiss cheese

**VEGGIE BURGER** $9.95
veggie burger with spinach, tomato, light feta cheese, greek tzatziki

KIDS MENU $6.55

**MAIN ITEMS (CHOOSE ONE)**
- ORGANIC CHICKEN TENDERS (3)
- HAMBURGER / CHEESEBURGER
- MAC-N-CHEESE
- MULTIGRAIN PENNE PASTA WITH GRILLED CHICKEN BREAST AND MARINARA
- CHEESE TEQUENOS (3)
- GRILLED CHEESE SANDWICH
- GRILLED CHICKEN BREAST SANDWICH
- TURKEY SANDWICH
- CHICKEN CAESAR SALAD
- BAGEL WITH CREAM CHEESE OR BUTTER

**SIDES (CHOOSE ONE)**
- FRESH FRUIT
- ORGANIC VANILLA YOGURT
- CARROTS & CELERY
- FRENCH FRIES
- BAKED KETTLE CHIPS
- PRETZELS
- CHOCOLATE CHIP COOKIE

**DRINKS (CHOOSE ONE)**
- APPLE JUICE
- LEMONADE
- CHOCOLATE MILK
- MIDTOWN WATER BOTTLE
BREAKFAST
Served until 11:30am Daily

CUSTOM OMELET CREATIONS
design your own omelet with a variety of organic ingredients

GLUTEN FREE POWER PANCAKES $8.95
made with greek yogurt, low carb-vanilla whey protein, oatmeal, almond milk & egg whites

WILDBERRY BAKED OATMEAL $5.45
made with steel cut oats, florida citrus & tahitian vanilla, served with organic vanilla yogurt

MULTIGRAIN BELGIAN WAFFLES $7.95

BREAKFAST EXPRESS $8.45
three scrambled eggs, hash browns, whole wheat toast with choice of turkey sausage or apple wood smoked bacon

BREAKFAST WRAP #1 $8.45
organic egg whites, spinach, roasted red peppers, light feta cheese & sundried tomato pesto

BREAKFAST WRAP #2 $8.45
organic whole eggs, cheddar jack cheese made with choice of turkey sausage, bacon or roasted turkey breast

CROISSANT SANDWICH $8.45
organic scrambled eggs, aged cheddar & apple wood smoked bacon served on a french butter croissant

BAGEL/TOAST $2.45
FRENCH BUTTER CROISSANT $3.25
APPLE WOOD SMOKED BACON $3.95
TURKEY SAUSAGE $2.95
HASHBROWNS $2.95