

MIDTOWN

THE COURT

Schedule Effective April 2019

2211 Waukegan Road
Bannockburn, IL 60015

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	North End	South End	North End	South End	North End	South End	North End	South End	North End	South End	North End	South End	North End	South End
5:00 AM	Open Gym 5:45-7AM		Open Gym 5:45-8:00AM		Pick-Up Basketball 5:45-8:00AM		Open Gym 5:45-7:45AM		Open Gym 5:45-6:45AM		Pick-Up Basketball 6:00-8:45AM		Open Gym 6:00-8:45AM	
6:00 AM														
7:00 AM	Boxing 7:00-8:30AM		Triple Threat 8:00-9:30AM		TRX Fusion 8:00-9AM		Triple Threat 7:45-9:15AM		Pick-Up Basketball 6:45-8:45AM		Boxing 9:00-10:15AM		Battle 8:45-10:15AM	
8:00 AM														
9:00 AM	Open Gym 8:30-10:15AM		Better Balance 10:15-11:30AM		Battle 9:00-10:15AM		Triple Threat 9:15-10:30AM		Boxing 8:45-10:15AM		Little Movers 10:15-11:00AM		Little Movers 10:15-11:00AM	
10:00 AM	Battle 10:15-11:30AM													
11:00 AM	Open Gym 11:30AM-5:00PM		Open Gym 11:30AM-12:45PM		Open Gym 10:15AM-5:15PM		Open Gym 10:30AM-7:45PM		Better Balance 10:15-11:30AM		Triple Threat 11:30AM-1:00PM		Open Gym 11:00AM-8:45PM	
12:00 PM			TRX Fusion 12:45-1:45PM						Open Gym 1:45-4PM		Open Gym 11:30AM-9:45PM			
1:00 PM	Triple Threat 5:15-6:30PM		Little Movers 5:15-6:30PM		Battle 5:15-6:45PM		Pick-Up Basketball 7:45-9PM		Open Gym 11:30AM-9:45PM		Open Gym 1:00PM-8:45PM			
2:00 PM			Lil Hot Shots 4-5:00PM											
3:00 PM	Open Gym 6:30-9:45PM		Pick-Up Basketball 6:30-9PM		Open Gym 6:45-9:45PM		Open Gym 9-9:45PM							
4:00 PM			Open Gym 9-9:45PM											
5:00 PM	Open Gym 6:30-9:45PM		Open Gym 9-9:45PM											
6:00 PM														
7:00 PM	Open Gym 6:30-9:45PM		Open Gym 9-9:45PM											
8:00 PM														
9:00 PM	Open Gym 6:30-9:45PM		Open Gym 9-9:45PM											

Schedule subject to change without prior notice

*Children under age 14 must be accompanied by a parent

