



MIDTOWN
MARLINS
YOUTH SWIM TEAM

MONDAYS & WEDNESDAYS
SEPTEMBER 1-NOVEMBER 30
5:00-8:00PM (INDOOR POOL)

The Midtown Marlins youth swim team is for graduates of our Learn to Swim program who want to continue refining their skills in a fun, competitive environment. We practice twice per week and offer practice groups for all ability levels, led by a certified coach. Swimmers must tryout for the swim team prior to joining.

BEGINNER SWIM TEAM (BRONZE GROUP) | 5:00-6:00PM

Bronze Group is for swimmers with no competitive experience. Swimmers will learn all four strokes (freestyle, backstroke, butterfly, breaststroke) in addition to swim team basics and etiquette. Must be able to swim a minimum of 100 yards continuous.

INTERMEDIATE SWIM TEAM (SILVER GROUP) | 6:00-7:00PM

Silver Group is for returning swim team members. Swimmers will improve endurance and polishing stroke techniques for successful competitive swimming. Must be able to swim a minimum of 150 yards continuous.

ADVANCED SWIM TEAM (GOLD GROUP) | 7:00-8:00PM

Gold Group is for experienced swim team members. Swimmers will focus on stroke technique and endurance for all four strokes to become more successful in competitive swimming. Must be able to swim a minimum of 200 yards continuous.

\$250 per person

For more information and to register, visit midtown.com or contact Kellie Ayres, Aquatics Director, at 773.687.7336 or kellie.ayres@midtown.com

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