

# Learn to Swim

**FALL 2017 | SEPTEMBER 1-NOVEMBER 30**

## **PARENT & CHILD SWIM LESSONS (AGES 6 MONTHS TO 3 YEARS)**

*Parent & Child* is an introductory level that emphasizes water discovery.

It's a great bonding experience for a parent (or caregiver) and child.

### Indoor Pool

*Mondays, Tuesdays & Wednesdays* 10:00-10:30am

*Mondays, Tuesdays, Wednesdays & Thursdays* 5:00-5:30pm

*Saturdays* 9:30-10:00am & 11:00-11:30am

*Sundays* 10:30-11:00am & 12 Noon-12:30pm

## **PRESCHOOL SWIM LESSONS LEVEL 1 (AGES 3-5)**

*Preschool Level 1* is for children who are ready to swim without a parent (or caregiver) but are still cautious in the water.

### Indoor Pool

*Mondays, Tuesdays & Wednesdays* 9:30-10:00am & 5:00-5:30pm

*Thursdays* 5:00-5:30pm

*Saturdays* 9:00-9:30am & 10:30-11:00am

*Sundays* 10:00-10:30am & 11:30am-12 Noon

## **PRESCHOOL SWIM LESSONS LEVEL 2 (AGES 3-5)**

*Preschool Level 2* is for children who feel confident in the water and are ready for new challenges.

### Indoor Pool

*Mondays, Tuesdays & Wednesdays* 10:30-11:00am

*Mondays, Tuesdays, Wednesdays & Thursdays* 6:00-6:30pm

*Saturdays* 9:30-10:00am, 12 Noon-12:30pm

*Sundays* 10:30-11:00am, 12 Noon-12:30pm

## **PRESCHOOL SWIM LESSONS LEVEL 3 (AGES 3-5)**

*Preschool Level 3* is for children who can perform longer swimming distances unassisted and are ready to focus on stamina.

### Indoor Pool

*Mondays, Tuesdays & Wednesdays* 9:00-9:30am

*Mondays, Tuesdays, Wednesdays & Thursdays* 4:00-4:30pm

*Saturdays* 9:00-9:30am & 12:30-1:00pm

*Sundays* 10:00-10:30am & 11:30am-12 Noon

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## **YOUTH SWIM LESSONS LEVEL 4 (AGES 5-12)**

Youth Level 4 sets the stage for stroke introduction while still reinforcing water safety.

### Indoor Pool

*Mondays, Tuesdays, Wednesdays & Thursdays 4:00-4:30pm  
Saturdays 9:30-10:00am & 11:00-11:30am  
Sundays 10:30-11:00am & 12 Noon-12:30pm*

## **YOUTH SWIM LESSONS LEVEL 5 (AGES 5-12)**

Youth Level 5 reinforces water stamina and stroke introduction, which further expands into stroke development.

### Indoor Pool

*Mondays, Tuesdays, Wednesdays & Thursdays 5:30-6:00pm  
Saturdays 10:00-10:30am & 11:30am-12 Noon  
Sundays 11:00-11:30am & 12:30-1:00pm*

## **YOUTH SWIM LESSONS LEVEL 6 (AGES 5-12)**

Youth Level 6 is the final stage of our youth level classes. Proper stroke technique is reinforced through well-developed skills.

### Indoor Pool

*Mondays, Tuesdays, Wednesdays & Thursdays 4:30-5:00pm  
Saturdays 10:00-10:30am & 11:30am-12 Noon  
Sundays 11:00-11:30am*

## **TEEN SWIM LESSONS (AGES 13-17)**

Teen Swim is for teenagers of all swimming abilities.

### Indoor Pool

*Mondays, Tuesdays, Wednesdays & Thursdays 4:30-5:00pm  
Saturdays 12:30-1:00pm  
Sundays 12:30-1:00pm*

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## **FEES**

*Mondays\*, Thursdays\* & Fridays\* \$216 (12-weeks)  
Tuesdays, Wednesdays, Saturdays & Sundays \$234 (13-weeks)*

*\*No classes Monday, September 4 (Labor Day),  
Thursday, November 23 (Thanksgiving),  
and Friday, November 24*

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For more information and to register, contact Kellie Ayres, Aquatics Director,  
at 773.687.7336 or [kellie.ayres@midtown.com](mailto:kellie.ayres@midtown.com)

See *Aquatics Guide* for detailed class descriptions.

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