

MIDTOWN
ATHLETIC CLUB

Basketball Court Schedule

Effective April 1, 2017

2211 Waukegan Road
Bannockburn, IL 60015
Phone: (847) 945-1818

| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | | Sunday | | | |
|----------|------------------------------------|-----------|----------------------------------|-----------|------------------------------------|-----------|------------------------------|-----------|------------------------------------|-----------|------------------------------------|-----------|---------------------------------|-----------|------------------------------|--|
| | North End | South End | North End | South End | North End | South End | North End | South End | North End | South End | North End | South End | North End | South End | | |
| 5:00 AM | Pick-Up Basketball 5:45-7:45 AM | | Open Gym 5:45-10 AM | | Pick-Up Basketball 5:45-8:45 AM | | Open Gym 5:45- 9:45 AM | | Pick-Up Basketball 5:45-8:45 AM | | Pick-Up Basketball 6:45-8:45 AM | | Open Gym 5:45-8:45 AM | | | |
| 6:00 AM | | | | | | | | | | | | | | | | |
| 7:00 AM | | | | | | | | | | | | | | | | |
| 8:00 AM | Open Gym 8 AM-3:45 PM | | Group Exercise 10:15-11:15 AM | | Group Exercise 9-10:30 AM | | Youth Fitness 10 AM-12 PM | | Group Exercise 9-10:15 AM | | Ultimate Boxing 8:45-10:15 AM | | Group Exercise 8:45AM-10AM | | | |
| 9:00 AM | | | | | | | | | | | | | Youth Fitness 10:15AM-11 AM | | Youth Fitness 11 AM-12 PM | |
| 10:00 AM | | | Open Gym 8 AM-3:45 PM | | Open Gym 11:30AM-3:45PM | | Open Gym 12- 5 PM | | Open Gym 12-7 PM | | Youth Fitness 10:30 AM - 1 PM | | Youth Fitness 10:15 AM-12 PM | | Open Gym 11AM-8:45 PM | |
| 11:00 AM | | | | | | | | | | | | | | | | |
| 12:00 PM | | | | | | | | | | | | | | | | |
| 1:00 PM | | | | | | | | | | | | | | | | |
| 2:00 PM | Youth Fitness 4 PM-5 PM | | Open Gym 5 PM-7 PM | | Group Exercise 5:15 PM-6:45 PM | | Open Gym 1PM-9:45 PM | | Open Gym 1PM-8:45 PM | | Open Gym 11AM-8:45 PM | | | | | |
| 3:00 PM | | | | | | | | | | | | | | | | |
| 4:00 PM | | | | | | | | | | | | | | | | |
| 5:00 PM | Youth Fitness 4 PM-7 PM | | Open Gym 5 PM-7 PM | | Group Exercise 5:15 PM-6:45 PM | | Open Gym 1PM-9:45 PM | | Open Gym 1PM-8:45 PM | | Open Gym 11AM-8:45 PM | | | | | |
| 6:00 PM | | | | | | | | | | | | | | | | |
| 7:00 PM | Open Gym 7:15PM-9:45 PM | | Pick-Up Basketball 7-9 PM | | Open Gym 7-9:45 PM | | Pick-Up Basketball 7-9 PM | | Open Gym 1PM-9:45 PM | | Open Gym 1PM-8:45 PM | | Open Gym 11AM-8:45 PM | | | |
| 8:00 PM | | | | | | | | | | | | | | | Open Gym 9-9:45 PM | |
| 9:00 PM | | | | | | | | | | | | | | | | |

Schedule subject to change without prior notice
Children under age 10 must be accompanied by a parent