



THE SPA
AT MIDTOWN

SPA SERVICES

CUSTOM MESSAGE

	M	
30 minutes	\$61	\$70
60 minutes	\$102	\$117
90 minutes	\$143	\$164
120 minutes	\$184	\$212

ADD ONS

	M	
Deep Tissue	\$15	\$17
Aroma Therapy	\$15	\$17
Hot Stones	\$35	\$40

DEEP TISSUE MESSAGE

Relieve muscle stiffness with slow, deep movements and trigger point therapy. Helpful for chronically tense areas such as neck, low back, and shoulder.

HOT STONE MESSAGE

Indulge in pure luxury as polished basalt stones are heated to penetrate the muscle while melting away tension. The temperature and pressure of the strokes simultaneously relax and simulate your muscles to improve circulation.

PRE-NATAL MESSAGE

Gentle bodywork for the expectant mother. Benefits include relief of low back pain, sciatica, and other discomforts associate with pregnancy. Recommended only after the first trimester.

CANCELLATION POLICY

A 24-hour cancellation notice is required to avoid being charged a fee. No-shows will be charged the full service fee. Late cancellations on less than 24 hours notice are subject to a 50% fee, unless the service is rescheduled within 7 days.

AGE POLICY

Guests must be 18 years or older to receive services. Guests under 18 years old are welcome to use salon services if accompanied by a parent or guardian.

MON	9am - 1pm
TUE	5pm - 8pm
WED	CLOSED
THUR	5pm - 8pm
FRI	3pm - 7pm
SAT	9am - 2pm
SUN	CLOSED

215 W. 63rd Street
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midtown.com/request-spa-appointment