

Chromium

Breakfast

Loaded Avocado Toast

14

sunny side up egg, bacon, sundried tomatoes, arugula tossed in olive oil, fresh lemon juice, pickled onions, salt, pepper

Omelet

14

choice of three:

mushrooms, peppers, onions, spinach, bacon, pork sausage, apple chicken sausage, and/or grilled portobello mushrooms.

served with breakfast potatoes and toast

Midtown Breakfast

14

two eggs any way

choice of bacon, pork sausage, or apple chicken sausage

served with breakfast potatoes, fresh fruit and toast

Breakfast Burrito

12

choice of bacon, pork sausage or apple chicken sausage

peppers, onions, cheddar cheese, breakfast potatoes

served with salsa and sour cream

Oatmeal

8

berries and sliced bananas, served on top

cinnamon, brown sugar, walnuts served on the side

Salads

Grilled Chicken 5, Grilled Salmon 8, Shrimp 8

all salads can be made into a wrap

**wraps served with choice of fries, sweet potato fries, chips, fresh fruit or side salad*

Midtown Cobb

13

iceberg lettuce, cherry tomatoes, red onions, avocado, bacon, hard boiled eggs, blue cheese crumbles, low fat ranch dressing

Tomato Burrata

13

mozzarella, tomato, fresh basil, served on a bed of spinach tossed in olive oil, fresh lemon juice, salt and pepper topped with a balsamic glaze

Wedge Salad

12

iceberg lettuce, cherry tomatoes, bacon, blue cheese crumbles, blue cheese dressing

Kale Caesar Salad

12

kale, parmesan croutons, shaved parmesan cheese, Caesar dressing

Classic Caesar Salad

12

romaine lettuce, parmesan croutons, shaved parmesan cheese, Caesar dressing

**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illnesses.*

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Sandwiches

all sandwiches served with choice of fries, sweet potato fries, chips, fresh fruit or side salad

Midtown Burger **13**
choice of American, Swiss, cheddar or Havarti cheese
lettuce, tomato, pickles, onion
substitute Impossibletm burger at no additional cost

Turkey Club **13**
turkey, bacon, lettuce, tomato, low-fat mayo

Grilled Chicken Breast **13**
Havarti cheese, lettuce, tomato, basil aioli

Grilled Portabella **13**
caramelized onions, sundried tomatoes, Havarti cheese, garlic mayo

Build Your Own Poké Bowl 15

Choose One
sushi grade tuna (Hawaiian style), chicken breast (sesame seed teriyaki), tofu (sesame seed teriyaki), shrimp (sesame seed teriyaki)

Choice of Six
pineapple, mango, edamame, cucumber, cherry tomatoes, avocado, corn, grilled jalapeño, red onions, pickled ginger, seaweed salad, pickled onions, pickled radishes, cilantro

Choose Your Sauce
ponzu, spice mayo, sesame seed teriyaki, Hawaiian poké sauce, soy sauce

Build Your Own Flatbread 14

Choose One
traditional flatbread, cauliflower flatbread (low carb)

Choose One
mozzarella, vegan mozzarella, parmesan

Choice of Four
pepperoni, Italian sausage, grilled chicken, grilled vegan chicken
onions, red peppers, green peppers, mushrooms, black olives, spinach, tomatoes, sun dried tomatoes, bacon, jalapeño, cilantro

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