

2011-2012

MIDTOWN

Junior Development and Competition Programs

SESSION DATES:

FALL I SESSION:

10 Weeks
Tuesday, September 6 –
Monday, November 14

*Member priority registration
thru August 22, 2011

FALL II SESSION:

10 Weeks
Tuesday, November 15 –
Monday, January 30
(No Classes Nov. 24 – Nov. 27
and Dec. 24 – Jan. 1; Thursday-
Sunday classes meet 9 weeks,

*Member priority registration
thru October 24, 2011

WINTER SESSION:

10 Weeks
Tuesday, January 31 –
Monday, April 9

*Member priority registration
thru January 16, 2012

SPRING SESSION:

10 Weeks
Tuesday, April 10 -
Monday, June 18
(No Classes May 28; Monday
classes meet for 9 weeks)

*Member priority registration
thru March 27, 2012

LEVEL 7 LITTLE TENNIS (Red Balls) – Micro Court – AGES 4 and 5

Introduce your child to tennis in Midtown's Little Tennis Program. Children will continue to develop their general motor and athletic skills. The program focuses on coordination training, movement and balance skills, as well as sending and receiving skills. Games are an important part of the program and the children will be exposed to games that are both fun and tennis related.

SCHEDULE OF CLASSES

Monday 3:15 p.m. – 4:00 p.m.

Monday 4:00 p.m. – 4:45 p.m.

Tuesday 3:15 p.m. – 4:00 p.m.

Tuesday 4:00 p.m. – 4:45 p.m.

Thursday 3:15 p.m. – 4:00 p.m.

Thursday 4:00 p.m. – 4:45 p.m.

LEVEL 6 BEGINNER (Red Balls) – 36' Court – AGES 5 - 7

A program of movement, balance, coordinated and motor skill development with a focus on self and partner rallying skills on the 36' court. Both reception and projection activities will be emphasized. Children will learn the first stages of cooperative tennis. The children will learn how to initiate a rally, how to move and judge a ball (reception and centering skills), how to control the racquet at the contact point and control the height, direction and depth to be successful on the 36' court. They will learn adaptive skills that will be the foundation of their future tennis development.

SCHEDULE OF CLASSES

Tuesday 4:00 p.m. – 5:00 p.m.

Wednesday 4:00 p.m. – 5:00 p.m.

Thursday 4:00 p.m. – 5:00 p.m.

Saturday 2:00 p.m. – 3:00 p.m.

LEVEL 5 ADVANCED BEGINNER (Red Balls) – 36' Court – AGES 6 - 8

Children will continue to learn the skills of the 36' court. By the end of this program, a child should be able to move their opponent with intention by controlling the direction of the ball. They should be able to use a full or abbreviated serving motion. The children will learn how to move effectively so as to insure good position and balance for each shot. They will be taught how to adapt to different situations and how to compete in 8 and under events.

SCHEDULE OF CLASSES

Monday	4:00 p.m. – 5:00 p.m.	Saturday	2:00 p.m. – 3:00 p.m.
Monday	5:00 p.m. – 6:00 p.m.		
Wednesday	4:00 p.m. – 5:00 p.m.		
Wednesday	5:00 p.m. – 6:00 p.m.		
Thursday	4:00 p.m. – 5:00 p.m.		

LEVEL 4 INTERMEDIATE (Red & Orange Balls) – 60' Court – AGES 7 – 10

Children will learn the basics of tactical play as they transition from the 36' court to the 60' court in both singles and doubles. Swing rhythm on the forehands and backhands will be emphasized. The children will be introduced to topspin and will learn how to differentiate between a volley action and a ground stroke action. A variety of serve progressions will be taught and the serve and return of serve will be covered in each class.

SCHEDULE OF CLASSES

Monday	5:00 p.m. – 6:00 p.m.	Saturday	3:00 p.m. – 4:00 p.m.
Tuesday	4:00 p.m. – 5:00 p.m.		
Wednesday	5:00 p.m. – 6:00 p.m.		
Thursday	4:00 p.m. – 5:00 p.m.		

LEVEL 3 ADVANCED INTERMEDIATE (Orange Balls) – 60' Court - AGES 8-12

Children will experience the 5 play situations on the 60' court and will refine their tactical/technical skills. Concepts of offense/defense will be introduced in both singles and doubles. Ball control exercises that enhance consistency, direction, depth and spin will be stressed. A variety of adaptive skills will be trained using dead ball drills, live ball drills and competitive play situations in all areas of the court.

SCHEDULE OF CLASSES

Tuesday	5:00 p.m. – 6:30 p.m.	Thursday	5:00 p.m. – 6:30 p.m.
Wednesday	5:00 p.m. – 6:30 p.m.	Saturday	3:00 p.m. – 4:30 p.m.

LEVEL 2 ADVANCED (Green Balls) – 78' Court - AGES 8-14

Children will be exposed to a full range of technical/tactical development. All court tennis will be emphasized. The program will focus on drills that develop movement, recovery and decision making skills. Situational and competitive play in the 5 play situations will be planned in the curriculum. This is the final development stage before the children enter the Junior Competitive Program.

SCHEDULE OF CLASSES

Monday	4:00 p.m. – 6:00 p.m.
Tuesday	4:00 p.m. – 6:00 p.m.
Thursday	4:00 p.m. – 6:00 p.m.

COMPETITIVE Program

The Midtown Junior Competitive Program is designed for juniors who are competing or are planning to compete in regional, sectional and national USTA tournaments or who are competing for their high school teams. Successful players are those who demonstrate a commitment to the sport and a desire to compete.

The program is based on a tactical/technical approach to the game. We support the USTA player development philosophy that the game is played first with the eyes and mind, second with the feet and last with the hands. We train each player's decision making skills, their movement, co-ordination and balance and their game style development. An emphasis is placed on situational training, co-operative and competitive drills, fitness and movement training and match play.

TOURNAMENT Level (Tournament Players or High School Tennis Players) AGES 10-18

SCHEDULE OF PRACTICES

Monday.....4:30 – 6:30 pm

Wednesday.....4:30 – 6:30 pm

Friday.....4:30 – 6:30 pm

Midtown's Junior Competition Program also offers special pricing for ranked players:

Sectional Ranking of 150 or better: 15% discount.

USTA National Ranking of 150 or better: 25% discount.

USTA National Ranking of 50 or better: 50% discount.

USTA National Ranking of 10 or better: 100% discount.

Current USTA Sectional Ranking # _____

Current USTA National Ranking # _____

2011-2012 Junior Registration Form

FEEs: (PLEASE CHECK SESSION)

FALL I / 10 WEEKS

Members:
 Little Tennis \$120.00
 1 Hour \$160.00
 1½ Hour \$240.00
 2 Hour \$320.00

FALL II / 10 WEEKS

Members:
 Little Tennis \$120.00
 1 Hour \$160.00
 1½ Hour \$240.00
 2 Hour \$320.00

WINTER / 10 WEEKS

Members:
 Little Tennis \$120.00
 1 Hour \$160.00
 1½ Hour \$240.00
 2 Hour \$320.00

SPRING / 10 WEEKS

Members:
 Little Tennis \$120.00
 1 Hour \$160.00
 1½ Hour \$240.00
 2 Hour \$320.00

FALL I / 10 WEEKS

Non-members:
 Little Tennis \$150.00
 1 Hour \$200.00
 1½ Hour \$300.00
 2 Hour \$400.00

FALL II / 10 WEEKS

Non-members:
 Little Tennis \$150.00
 1 Hour \$200.00
 1½ Hour \$300.00
 2 Hour \$400.00

WINTER / 10 WEEKS

Non-members:
 Little Tennis \$150.00
 1 Hour \$200.00
 1½ Hour \$300.00
 2 Hour \$400.00

SPRING / 10 WEEKS

Non-members:
 Little Tennis \$150.00
 1 Hour \$200.00
 1½ Hour \$300.00
 2 Hour \$400.00

Full payment must accompany registration form.

Charge my: Visa MasterCard AMEX House Charge

Account # _____ Exp. _____

Enclosed class fee(s) \$ _____ (Checks payable to Midtown Athletic Club®)

First Choice: Level _____ Day _____ Time _____

Second Choice: Level _____ Day _____ Time _____

Assume first choice unless otherwise contacted.

Presently enrolled in a Midtown tennis program? Yes No If yes, what level? _____

Student's Name _____ Birthday _____ School _____

Parent's Name _____ Parent's Email _____

Address _____ City _____ State _____ Zip _____

Home Phone _____ Daytime Phone _____ Cell Phone _____

Payment, membership requirement, enrollment, refund, and make-up policies –

1. Full payment must be included with the registration form. A student enrolling after the start of a session and is unable to make-up missed classes will be charged a pro-rated fee for the remainder of the session.
2. Midtown membership is not required for junior lessons.
3. Fee is non-refundable except as follows:
 - For medical disabilities, a pro-rated refund/credit shall be given from the date the refund is requested when accompanied by a doctor's statement explaining the nature of the disability or injury and duration.
 - A participant shall be given a pro-rated refund/credit should a class be cancelled after the start of the session.
 - A student who does not meet the skill level requirements will be asked to change to a compatible class or will be issued a pro-rated refund or credit.
 - If any class is cancelled, Midtown shall make every effort to reschedule the class on a date agreeable to all students. If the class cannot be rescheduled, each participant shall be given a refund or credit for the cancelled class. If a participant cannot attend the rescheduled class, that student shall be given a credit or refund for the class.
 - Only the Tennis Director may approve lesson refunds, credits or pro-rated fees.
4. There is a minimum and maximum enrollment for each class.
5. A student is allowed to make-up two classes per 10-week session. To assure your class make-up, please provide five days advance notice. To request a make-up please contact the Tennis Director, Andrew Sirota at 770-953-1100. Make-ups are not offered in the first week of a session. **Make-ups do not carry over to the next session.** If you schedule a make-up and need to cancel, please contact 24 hours in advance of the scheduled make-up.

Parent's Signature _____ Date _____