

# 2011-2012

# MIDTOWN

## Adult Instructional Program

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### SESSION DATES:

#### FALL I SESSION:

10 Weeks  
Tuesday, September 6 –  
Monday, November 14

#### FALL II SESSION:

10 Weeks  
Tuesday, November 15 –  
Monday, January 30  
(No Classes Nov. 24 – Nov. 25  
and Dec. 24 – Jan. 1  
Thursday – Sunday classes  
meet 9 weeks)

#### WINTER SESSION:

10 Weeks  
Tuesday, January 31 –  
Monday, April 9

#### SPRING SESSION:

10 Weeks  
Tuesday, April 10 –  
Monday, June 18  
(No Classes May 28; Monday  
classes meet for 9 weeks)

Each class meets once a week.

The Adult Instructional Program offers seven skill levels. Lessons are grouped using the N.T.R.P. system. The following descriptions will help the student choose the correct class level:

**1.6-2.0** (intermediate beginner) This student has played some tennis, but needs instruction on basic techniques.

**2.1-2.5** (advanced beginner) This student is learning to keep the ball in play, but needs to improve court positioning and consistency.

**2.6-3.0** (lower intermediate) This student can play singles and doubles, but needs to improve net play and basic tactics.

**3.1-3.5** (intermediate) This player has dependable strokes, but lacks depth and variety. This player lacks consistency when trying for power.

**3.6-4.0** (advanced intermediate) This player is developing the use of lobs, overheads, approach shots and volleys, and is seldom out of position in singles or doubles.

**4.1-4.5** (advanced) This player has begun to hit with power, spin, depth and control. The serve can be a weapon, and he/she can move into a net position with some success in singles and doubles.

**4.6 and above** (advanced competition) This player can successfully execute all strokes and has good shot anticipation. This player participates on a regular basis in competitive tennis programs and tournaments.

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## SCHEDULE OF CLASSES

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### 1.6-2.0 (Intermediate Beginner)

Monday.....7:00 a.m. – 8:30 a.m.  
Monday.....9:00 a.m. – 10:30 a.m.  
Thursday.....5:00p.m.-6:30p.m.  
Thursday.....9:00 a.m. – 10:30 a.m.

Thursday.....Noon – 1:30 p.m.  
Thursday.....7:00 a.m. – 8:30 a.m.  
Friday.....7:00 a.m. – 8:30 a.m.  
Friday .....2:30 p.m. – 4:00 p.m.

### 2.1-2.5 (Advanced Beginner)

Monday ..... 11:00 a.m. – 12:30 p.m.  
Monday ..... 1:00 p.m. – 2:30 p.m.  
Monday ..... 8:00 p.m. – 9:30 p.m.  
Tuesday ..... 9:00 a.m. – 10:30 a.m.  
Tuesday ..... 11:30 a.m. – 1:00 p.m.  
Tuesday ..... 12:00 p.m. – 1:00 p.m.  
Tuesday.....1:00 p.m. – 2:30 p.m.

Wednesday..... 7:00 a.m. – 8:30 a.m.  
Wednesday ..... 9:00 a.m. – 10:30 a.m.  
Wednesday.....12:30 p.m. – 2:00 p.m.  
Wednesday.....7:00 p.m. – 8:30 p.m.  
Wednesday ..... 8:00 p.m. – 9:30 p.m.  
Saturday.....3:00 p.m. – 4:30 p.m.  
Sunday ..... 9:00 a.m. – 10:30 a.m.

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### 2.6-3.0 (Lower Intermediate)

Monday..... 7:00 a.m. – 8:30 a.m.  
Monday ..... 9:00 a.m. – 10:30 a.m.  
Monday ..... 11:00 a.m. – 12:30 p.m.  
Tuesday..... 6:00 a.m. – 8:00 a.m.  
Tuesday ..... 9:00 a.m. – 10:30 a.m.  
Tuesday ..... 10:30 a.m. – Noon  
Tuesday..... 1:00 p.m. – 2:30 p.m.  
Wednesday..... 7:00 a.m. – 8:30 a.m.  
Wednesday..... 9:00 a.m. – 10:30 a.m.

Wednesday ..... 12:30 p.m. – 2:00 p.m.  
Wednesday ..... 8:00 p.m. – 9:30 p.m.  
Thursday..... 7:00 a.m. – 8:30 a.m.  
Thursday..... 12:30 p.m. – 2:00 p.m.  
Friday..... 7:00 a.m. – 8:30 a.m.  
Friday..... 1:00 p.m. – 2:30 p.m.  
Saturday..... 2:00 p.m. – 3:30 p.m.  
Sunday ..... 8:00 p.m. – 9:30 a.m.

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### 3.1-3.5 (Intermediate)

Monday ..... 7:00 a.m. – 8:30 a.m.  
Monday ..... 9:00 a.m. – 10:30 a.m.  
Monday ..... 10:30 a.m. – Noon  
Monday ..... 12:00 p.m. – 1:30 p.m.  
Tuesday ..... 9:00 a.m. – 10:30 a.m.  
Wednesday..... 9:00 a.m. – 10:30 a.m.  
Wednesday..... 12:30 p.m. – 2:00 p.m.

Thursday ..... 10:30 a.m. - Noon  
Thursday..... 12:30 p.m. – 2:00 p.m.  
Friday..... 9:00 a.m. – 10:30 a.m.  
Saturday ..... 8:00 a.m. – 10:00 a.m.

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### 3.6-4.0 (Advanced Intermediate)

Monday ..... 7:00 a.m. – 8:30 a.m.  
Monday ..... 9:00 a.m. – 11:00 a.m.  
Monday ..... 1:00 p.m. – 2:30 p.m.  
Monday ..... 8:00 p.m. – 10:00 p.m.  
Tuesday ..... 1:00 p.m. – 2:30 p.m.  
Tuesday ..... 7:00 p.m. – 9:00 p.m.  
Wednesday..... 7:00 a.m. – 8:30 a.m.  
Wednesday..... 9:00 a.m. – 10:30 a.m.

Wednesday ..... 12:00 p.m. – 2:00 p.m.  
Thursday ..... 7:00 a.m. – 8:30 a.m.  
Thursday..... 10:00 a.m. – Noon  
Thursday..... 8:00 p.m. – 10:00 p.m.  
Friday..... 7:00 a.m. – 8:30 a.m.  
Friday..... 1:00 p.m. – 2:30 p.m.  
Saturday ..... 3:00 p.m. – 5:00 p.m.  
Sunday ..... 2:00 p.m. – 4:00 p.m.

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### 4.1-4.5 (Advanced)

Monday ..... 1:00 p.m. – 2:30 p.m.  
Monday ..... 5:00 p.m. – 7:00 p.m.  
Tuesday ..... 9:00 a.m. – 11:00 a.m.  
Wednesday..... 12:30 p.m. – 2:00 p.m.  
Wednesday..... 8:00 p.m. – 10:00 p.m.  
Thursday ..... 7:00 a.m. – 8:30 a.m.  
Thursday ..... 12:00 p.m. – 2:00 p.m.

Friday..... 7:00 a.m. – 8:30 a.m.  
Friday..... 10:00 a.m. – 12:00 p.m.  
Friday..... 5:00 p.m. – 7:00 p.m.  
Saturday ..... 2:00 p.m. – 4:00 p.m.  
Sunday ..... 8:00 a.m. – 10:00 a.m.

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### 4.6 and over (Advanced Competition)

Monday ..... 7:00 a.m. – 8:30 a.m.  
Thursday ..... 8:30 a.m. – 10:00 a.m.

Friday..... 1:00 p.m. – 2:30 p.m.  
Saturday ..... 4:00 p.m. – 6:00 p.m.

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**FEES:**

**10 WEEKS**

1.5 Hour                 \$270.00  
2 Hour                    \$360.00

Full payment must accompany registration form.

Charge my:    Visa                    MasterCard                    AMEX                    House Charge

Account # \_\_\_\_\_ Exp. \_\_\_\_\_

Enclosed class fee(s) \$ \_\_\_\_\_ (Checks payable to Midtown Athletic Club®)

**First Choice:**    Level \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**Second Choice:** Level \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**Assume first choice unless otherwise contacted.**

Name \_\_\_\_\_ Member # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Business Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

**Payment, membership requirement, enrollment, refund, and make-up policies –**

1. Full payment must be included with the registration form. A student enrolling after the start of a session and is unable to make-up missed classes will be charged a pro-rated fee for the remainder of the session.
2. Midtown membership is required for adult lessons.
3. Fee is non-refundable except as follows:
  - For medical disabilities, a pro-rated refund/credit shall be given from the date the refund is requested when accompanied by a doctor's statement explaining the nature of the disability or injury and duration.
  - A participant shall be given a pro-rated refund/credit should a class be cancelled after the start of the session.
  - A student who does not meet the skill level requirements will be asked to change to a compatible class or will be issued a pro-rated refund or credit.
  - If any individual class is cancelled, Midtown shall make every effort to reschedule the class on a date agreeable to all students. If the class cannot be rescheduled, each participant shall be given a refund or credit for the cancelled class. If a participant cannot attend the rescheduled class, that student shall be given a credit or refund for the class.
  - Only the Director of Tennis may approve lesson refunds, credits or pro-rated fees.
4. There is a minimum and maximum enrollment for each class.
5. A student is allowed to make-up **two** classes per session. To assure your class make-up, please provide five days advance notice. To request a make-up please contact Andrew Sirota (770)953-1100, or andrew.sirota@midtown.com. Make-ups are not offered in the first week of a session. **Make-ups do not carry over to the next session.** If you schedule a make-up and need to cancel, please contact Andrew Sirota 24 hours in advance of the scheduled make-up.

Signature \_\_\_\_\_ Date \_\_\_\_\_