

MIDTOWN

MIDTOWN SWIMMING LESSONS PROGRAM

In our efforts to offer a complete, effective and the very best swim program, Midtown Athletic club will continue to teach from the basic skills of swimming to the more advanced swimming techniques always emphasizing safety and fun.

Our five levels of swimming are:

- Low Tide (Beginners)
- High Tide (Intermediate)
- Surfers (Advanced)
- Pre Novice
- Novice Team – Advanced group from 5:00-5:45 pm (up to three times a week)

Upon completion of these five levels of swimming, the program will lead the children into our swim team the “**Midtown Weston Aquatics**”.

Days: Monday through Thursday (two days a week)

Times: 4:00-4:30 pm, 4:30-5:00 pm, 5:00-5:30 pm. **Cost:** Members \$95.00 / Non Members \$130.00

Saturdays: 10:30-11:00 am, 11:00-11:30 am, 11:30-12:00 Noon.

For more information, please contact Raphael Lima, Aquatics Director/ Head Coach, or Ligia Guevara (Leah) Swimming Lessons Coordinator at 954-384-2582 113 or email raphael.lima@midtownclubs.com