

# 2011-2012

# MIDTOWN

## Junior Development and Competition Programs

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### SESSION DATES:

#### FALL I SESSION:

10 Weeks  
Tuesday, September 6 –  
Monday, November 14

\*Member priority registration  
thru August 22, 2011

#### FALL II SESSION:

10 Weeks  
Tuesday, November 15 –  
Monday, January 30  
(No Classes Nov. 24 – Nov. 27  
and Dec. 24 – Jan. 1; Thursday-

Sunday classes meet 9 weeks,  
\*Member priority registration  
thru October 24, 2011

#### WINTER SESSION:

10 Weeks  
Tuesday, January 31 –  
Monday, April 9

\*Member priority registration  
thru January 16, 2012

#### SPRING SESSION:

10 Weeks  
Tuesday, April 10 -  
Monday, June 18  
(No Classes May 28; Monday  
classes meet for 9 weeks)

\*Member priority registration  
thru March 27, 2012

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### MUNCHKINS (Red Balls) AGES 3 and 4

*Your child's first experiences on a tennis court. An informal environment that establishes a foundation for gross motor skill development. General athleticism is more important than tennis specific skills at this age. Basic movement and coordination skills will be introduced. The children will learn to receive and send the ball with their hands, racquets and other adapted equipment that fosters enjoyable learning experiences.*

#### SCHEDULE OF CLASSES

Monday.....3:00 p.m. – 3:45 p.m.  
Tuesday .....10:00 a.m. – 10:45 a.m.  
Wednesday.....3:00 p.m. – 3:45 p.m.

Thursday.....10:00 a.m. –10:45 a.m.  
Sunday..... 1:00 p.m. – 1:45 p.m.

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### LEVEL 7 LITTLE TENNIS (Red Balls) – Micro Court – AGES 4 and 5

*Introduce your child to tennis in Midtown's Little Tennis Program. Children will continue to develop their general motor and athletic skills. The program focuses on coordination training, movement and balance skills, as well as sending and receiving skills. Games are an important part of the program and the children will be exposed to games that are both fun and tennis related.*

#### SCHEDULE OF CLASSES

Monday.....3:00 p.m. – 3:45 p.m.  
Monday.....4:00 p.m. – 4:45 p.m.  
Tuesday .....3:00 p.m. – 3:45 p.m.  
Tuesday .....4:00 p.m. – 4:45 p.m.  
Wednesday .....3:00 p.m. – 3:45 p.m.  
Wednesday .....4:00 p.m. – 4:45 p.m.

Thursday ..... 3:00 p.m. – 3:45 p.m.  
Thursday ..... 4:00 p.m. – 4:45 p.m.  
Friday ..... 3:00 p.m. – 3:45 p.m.  
Friday ..... 4:00 p.m. – 4:45 p.m.  
Saturday ..... 2:00 p.m. – 2:45 p.m.  
Sunday..... 1:00 p.m. – 1:45 p.m.

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### LEVEL 6 BEGINNER (Red Balls) – 36' Court – AGES 5 - 7

*A program of movement, balance, coordinated and motor skill development with a focus on self and partner rallying skills on the 36' court. Both reception and projection activities will be emphasized. Children will learn the first stages of cooperative tennis. The children will learn how to initiate a rally, how to move and judge a ball (reception and centering skills), how to control the racquet at the contact point and control the height, direction and depth to be successful on the 36' court. They will learn adaptive skills that will be the foundation of their future tennis development.*

#### SCHEDULE OF CLASSES

Monday.....4:00 p.m. – 5:00 p.m.  
Tuesday .....4:00 p.m. – 5:00 p.m.  
Wednesday .....4:00 p.m. – 5:00 p.m.  
Thursday .....4:00 p.m. – 5:00 p.m.  
Thursday .....5:00 p.m. – 6:00 p.m.

Friday ..... 4:00 p.m. – 5:00 p.m.  
Friday ..... 5:00 p.m. – 6:00 p.m.  
Saturday ..... 2:00 p.m. – 3:00 p.m.  
Saturday ..... 3:00 p.m. – 4:00 p.m.  
Sunday..... 1:00 p.m. – 2:00 p.m.

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**LEVEL 5 ADVANCED BEGINNER (Red Balls) – 36' Court – AGES 6 - 8**

Children will continue to learn the skills of the 36' court. By the end of this program, a child should be able to move their opponent with intention by controlling the direction of the ball. They should be able to use a full or abbreviated serving motion. The children will learn how to move effectively so as to insure good position and balance for each shot. They will be taught how to adapt to different situations and how to compete in 8 and under events.

**SCHEDULE OF CLASSES**

Monday.....	4:00 p.m. – 5:00 p.m.	Thursday .....	4:00 p.m. – 5:00 p.m.
Tuesday .....	4:00 p.m. – 5:00 p.m.	Friday .....	4:00 p.m. – 5:00 p.m.
Wednesday .....	4:00 p.m. – 5:00 p.m.	Saturday .....	2:00 p.m. – 3:00 p.m.
Wednesday .....	5:00 p.m. – 6:00 p.m.	Saturday .....	3:00 p.m. – 4:00 p.m.
		Sunday.....	1:00 p.m. – 2:00 p.m.

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**LEVEL 4 INTERMEDIATE (Red & Orange Balls) – 60' Court – AGES 7 – 10**

Children will learn the basics of tactical play as they transition from the 36' court to the 60' court in both singles and doubles. Swing rhythm on the forehands and backhands will be emphasized. The children will be introduced to topspin and will learn how to differentiate between a volley action and a ground stroke action. A variety of serve progressions will be taught and the serve and return of serve will be covered in each class.

**SCHEDULE OF CLASSES**

Monday.....	4:00 p.m. – 5:00 p.m.	Friday .....	4:00 p.m. – 6:00 p.m.
Tuesday .....	4:00 p.m. – 5:00 p.m.	Saturday .....	2:00 p.m. – 3:00 p.m.
Wednesday .....	4:00 p.m. – 5:00 p.m.	Saturday .....	5:00 p.m. – 6:00 p.m.
Thursday .....	4:00 p.m. – 5:00 p.m.	Sunday.....	1:00 p.m. – 2:30 p.m.
Thursday .....	5:00 p.m. – 6:00 p.m.	Sunday.....	2:30 p.m. – 4:00 p.m.

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**LEVEL 3 ADVANCED INTERMEDIATE (Orange Balls) – 60' Court - AGES 8-12**

Children will experience the 5 play situations on the 60' court and will refine their tactical/technical skills. Concepts of offense/defense will be introduced in both singles and doubles. Ball control exercises that enhance consistency, direction, depth and spin will be stressed. A variety of adaptive skills will be trained using dead ball drills, live ball drills and competitive play situations in all areas of the court.

**SCHEDULE OF CLASSES**

Monday.....	4:00 p.m. – 6:00 p.m.	Thursday .....	4:00 p.m. – 6:00 p.m.
Tuesday .....	4:00 p.m. – 6:00 p.m.	Friday .....	4:00 p.m. – 6:00 p.m.
Wednesday .....	4:00 p.m. – 6:00 p.m.	Sunday.....	2:00 p.m. – 4:00 p.m.

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**LEVEL 2 ADVANCED (Green Balls) – 78' Court - AGES - 14**

Children will be exposed to a full range of technical/tactical development. All court tennis will be emphasized. The program will focus on drills that develop movement, recovery and decision making skills. Situational and competitive play in the 5 play situations will be planned in the curriculum. This is the final development stage before the children enter the Junior Competitive Program.

**SCHEDULE OF CLASSES**

Monday.....	4:00 p.m. – 6:00 p.m.	Friday .....	4:00 p.m. – 6:00 p.m.
Wednesday .....	4:00 p.m. – 6:00 p.m.	Saturday .....	2:00 p.m. – 4:00 p.m.
Thursday .....	4:00 p.m. – 6:00 p.m.	Sunday.....	2:00 p.m. – 4:00 p.m.

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**TEEN 1 AND TEEN 2 (Red, Orange, Green and Yellow Balls) – 42' to 78' Courts - AGES 12 - 18**

The **Teen 1** program is for teenagers who are relatively new to tennis. Learn to rally and play is the theme of each class. The students will be exposed to all the basic skills of tennis including ground strokes, volleys, overheads and serves. The class will stress cooperation and competition in many of the drills and play situations. **Teen 2** students will experience the 5 play situations and will refine their tactical/technical skills. Concepts of offense/defense will be introduced in both singles and doubles. Ball control exercises that enhance consistency, direction, depth and spin will be stressed. A variety of adaptive skills will be trained using dead ball drills, live ball drills and competitive play situations in all areas of the court.

**SCHEDULE OF CLASSES**

TEEN 1		TEEN 2	
Wednesday .....	5:00 p.m. – 6:00 p.m.	Monday .....	5:00 p.m. – 6:00 p.m.
Saturday.....	5:00 p.m. – 6:00 p.m.	Saturday .....	5:00 p.m. – 6:00 p.m.

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# Junior Competition Program

The Junior Competition Program is designed for the more serious player. The program stresses mental discipline, conditioning, refining racquet skills and situational training.

Admittance into the program is based on playing performance and past tournament records or rankings.

Midtown's Junior Competition Program also offers special pricing for ranked players:

Midwest Sectional Ranking of 150 or better: 15% discount.

USTA National Ranking of 150 or better: 25% discount.

USTA National Ranking of 50 or better: 50% discount.

USTA National Ranking of 10 or better: 100% discount.

Current USTA Midwest Ranking # \_\_\_\_\_

Current USTA National Ranking # \_\_\_\_\_

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## LEVEL 1 (Aspiring Tournament Player) AGES 10-18

*Improve stroke mechanics and consistency, footwork and anticipation. Learn sound match play tactics.*

### SCHEDULE OF CLASSES

Monday.....	4:00 p.m. – 6:00 p.m.	Friday.....	4:00 p.m. – 6:00 p.m.
Tuesday.....	4:00 p.m. – 6:00 p.m.	Saturday.....	2:00 p.m. – 4:00 p.m.
Wednesday.....	4:00 p.m. – 6:00 p.m.	Sunday.....	2:00 p.m. – 4:00 p.m.
Thursday.....	4:00 p.m. – 6:00 p.m.	Sunday.....	4:00 p.m. – 6:00 p.m.

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## TOURNAMENT LEVEL (Tournament Player or High School Tennis Player) AGES 10-18

*Improve mechanics for all strokes, footwork and conditioning, develop consistency and improve shot making.*

### SCHEDULE OF CLASSES

Tuesday.....	4:00 p.m. – 6:00 p.m.	Friday.....	4:00 p.m. – 6:00 p.m.
Thursday.....	4:00 p.m. – 6:00 p.m.	Sunday.....	4:00 p.m. – 6:00 p.m.

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## OPEN LEVEL (Tournament player having earned a competitive National or Sectional ranking) AGES 10-18

*Improve match play performance with emphasis on footwork and conditioning, match play tactics, mechanics, mental toughness and sportsmanship.*

### SCHEDULE OF CLASSES

Monday.....	5:00 p.m. – 7:00 p.m.	Friday.....	5:00 p.m. – 7:00 p.m.
Wednesday.....	5:00 p.m. – 7:00 p.m.	Sunday.....	4:00 p.m. – 6:00 p.m.

# 2011-2012 Junior Registration Form

FEES: (PLEASE CHECK SESSION)

**FALL I / 10 WEEKS**

**Members:**

Little Tennis \$170.50  
1 Hour \$227.50  
1½ Hour \$341.25  
2 Hour \$455.00

**FALL II / 10 WEEKS**

**Members:**

Little Tennis \$170.50  
1 Hour \$227.50  
1½ Hour \$341.25  
2 Hour \$455.00

**WINTER / 10 WEEKS**

**Members:**

Little Tennis \$170.50  
1 Hour \$227.50  
1½ Hour \$341.25  
2 Hour \$455.00

**SPRING / 10 WEEKS**

**Members:**

Little Tennis \$170.50  
1 Hour \$227.50  
1½ Hour \$341.25  
2 Hour \$455.00

**FALL I / 10 WEEKS**

**Non-members:**

Little Tennis \$208.25  
1 Hour \$277.50  
1½ Hour \$416.25  
2 Hour \$555.00

**FALL II / 10 WEEKS**

**Non-members:**

Little Tennis \$208.25  
1 Hour \$277.50  
1½ Hour \$416.25  
2 Hour \$555.00

**WINTER / 10 WEEKS**

**Non-members:**

Little Tennis \$208.25  
1 Hour \$277.50  
1½ Hour \$416.25  
2 Hour \$555.00

**SPRING / 10 WEEKS**

**Non-members:**

Little Tennis \$208.25  
1 Hour \$277.50  
1½ Hour \$416.25  
2 Hour \$555.00

Full payment must accompany registration form.

Charge my:  Visa  MasterCard  AMEX  Discover

Account # \_\_\_\_\_ Exp. \_\_\_\_\_

Enclosed class fee(s) \$ \_\_\_\_\_ (Checks payable to Midtown Athletic Club®)

**First Choice:** Level \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**Second Choice:** Level \_\_\_\_\_ Day \_\_\_\_\_ Time \_\_\_\_\_

**Assume first choice unless otherwise contacted.**

Presently enrolled in a Midtown tennis program?  Yes  No If yes, what level? \_\_\_\_\_

Student's Name \_\_\_\_\_ Birthday \_\_\_\_\_ School \_\_\_\_\_

Parent's Name \_\_\_\_\_ Parent's Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Daytime Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

**Payment, membership requirement, enrollment, refund, and make-up policies –**

1. Full payment must be included with the registration form. A student enrolling after the start of a session and is unable to make-up missed classes will be charged a pro-rated fee for the remainder of the session.
2. Midtown membership is not required for junior lessons.
3. Fee is non-refundable except as follows:
  - For medical disabilities, a pro-rated refund/credit shall be given from the date the refund is requested when accompanied by a doctor's statement explaining the nature of the disability or injury and duration.
  - A participant shall be given a pro-rated refund/credit should a class be cancelled after the start of the session.
  - A student who does not meet the skill level requirements will be asked to change to a compatible class or will be issued a pro-rated refund or credit.
  - If any class is cancelled, Midtown shall make every effort to reschedule the class on a date agreeable to all students. If the class cannot be rescheduled, each participant shall be given a refund or credit for the cancelled class. If a participant cannot attend the rescheduled class, that student shall be given a credit or refund for the class.
  - Only the Head Tennis Professional or Directors of the Junior Tennis Programs may approve lesson refunds, credits or pro-rated fees.
4. There is a minimum and maximum enrollment for each class.
5. A student is allowed to make-up two classes per 10-week session. To assure your class make-up, please provide five days advance notice. To request a make-up please contact the Junior Development Director, Jason Thomas or Junior Competitive Program Director, Oliver Stephens at 773-235-2300. Make-ups are not offered in the first week of a session. **Make-ups do not carry over to the next session.** If you schedule a make-up and need to cancel, please contact 24 hours in advance of the scheduled make-up.

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_