

Drop-In Tennis

Quick Hits

(30 minutes of dedicated focus on individual strokes, \$5 each time)

Wednesday 7-7:30pm

Thursday 9-9:30am

Friday 9-9:30am

Drill and Play

(singles and doubles drills followed by point play, \$20 each time)

Monday 9:30-11am (3.0+)

Monday 7-8:30pm (4.0+)

Wednesday 12-1:30pm (3.5+)

Friday 9:30-11am (4.0+)

Friday 6-7:30pm (below 3.0)

Friday 6-7:30 (3.0+)

Cardio Tennis

(all levels, \$13 each time or \$100 for a 10-pack)

Monday 1-2pm and/or 6-7pm

Wednesday 9:30-10:30am

Thursday 6-7pm

Saturday 9-10am

Sunday 10-11am



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