

February 2012

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
M-Café Surf and Turf Special Tuesdays & Wednesdays in February NY Strip Steak - \$15.95 Wild Alaskan Salmon - \$14.95 Wine Special - \$5/glass			Pilates Reformer February Session Begins Register at the Fitness Services Desk			
Beginner Yoga 5 In the Pilates Studio Sundays, 10:30am Ultimate Boxing Sundays, 9:45-11am In the Gym Register at the Front Desk					Paddle Social 10 6:00-9:00pm \$34 per person Register at the Front Desk Dive-In Movie 6:00-8:30pm Members-\$15 Non-Member-\$18 Register at the Front Desk	Pro Shop Valentine's Shopping Spree 2/11, 2/12, 2/13 & 2/14
Beginner Yoga 12 In the Pilates Studio Sundays, 10:30am Ultimate Boxing Sundays, 9:45-11am In the Gym Register at the Front Desk		Valentine's Day 14 Pilates Reformer March Session Registration Begins Register at the Fitness Services Desk	Powernet 15 Networking Group 6:30-8:00pm Register with Membership		Friday Fitness with Tennis 17 6:00-9:00pm Complimentary to Members Register at the Front Desk	Tennis, Pizza & Movie 18 for 10 and under players Levels 4, 5 & 6 6:00-8:30pm Members-free Non-Member-\$18 Register at the Front Desk
Beginner Yoga 19 In the Pilates Studio Sundays, 10:30am Ultimate Boxing Sundays, 9:45-11am In the Gym Register at the Front Desk	Presidents Day 20			Pilates Core and Stretch Class 23 11:00-11:30am Space is Limited Complimentary to Members Register at the Fitness Services Desk.	Tennis Opportunity Program Charity Tennis Tournament 24	Adult Tennis Social 25 6:00-9:00pm \$34/person Register at the Front Desk
Beginner Yoga 26 In the Pilates Studio Sundays, 10:30am Ultimate Boxing Sundays, 9:45-11am In the Gym Register at the Front Desk		New Member and Guest Event 28 6:30-8:00pm Register with Membership				