

Adult Instructional Program

SESSION DATES:

FALL I SESSION

10 Weeks
Tuesday, September 6 –
Monday, November 14

FALL II SESSION

10 Weeks
Tuesday, November 15 –
Monday, January 30
(No Classes Nov. 24-25 and
Dec. 24-Jan. 1; Thu.-Sun.
classes meet 9 weeks)

WINTER SESSION

10 Weeks
Tuesday, January 31 –
Monday, April 9

SPRING SESSION

10 Weeks
Tuesday, April 10 –
Monday, June 18
(No Classes May 28;
Mon. classes meet 9 weeks)

Open registration: Aug. 16-29

Re-registration: Oct. 18-24
Open reg.: Oct. 25-Nov. 7

Re-registration: Jan. 3-9

Open registration: Jan. 10-23

Re-registration: Mar. 13-19

Open registration: Mar. 20-Apr. 2

Re-registration is for players enrolled in prior session. Open registration is for new participants. Lottery used if necessary.

The Adult Instructional Program offers classes at five different skill levels. Each class meets once per week. Students are classified using the N.T.R.P. scale. The curriculum varies according to level. The following descriptions will help the student choose the correct class level:

1.6-2.0 (intermediate beginner) This player has played some tennis, but needs instruction on basic techniques.

2.1-2.5 (advanced beginner) This player is learning to keep the ball in play, but needs to improve court positioning and consistency.

2.6-3.0 (lower intermediate) This player can play singles and doubles, but needs to improve net play and basic tactics.

3.1-3.5 (intermediate) This player has dependable strokes, but lacks depth and variety. This player lacks consistency when trying for power.

3.6-4.0 (advanced intermediate) This player is developing the use of lobs, overheads, approach shots and volleys, and is seldom out of position in singles or doubles.

SCHEDULE OF CLASSES (For Beginner Lesson Schedule contact the Adult Director)

1.6-2.0 (Intermediate Beginner)

Monday..... 11:00 a.m. – Noon
Monday..... 7:00 p.m. – 8:00 p.m.
Wednesday..... 6:00 p.m. – 7:00 p.m.

Thursday..... Noon – 1:00 p.m.
Saturday..... 2:00 p.m. – 3:00 p.m.
Sunday..... 3:00 p.m. – 4:00 p.m.

2.1-2.5 (Advanced Beginner)

Monday..... 9:30 a.m. – 10:30 a.m.
Monday..... 7:00 p.m. – 8:00 p.m.
Monday..... 1:30 p.m. – 2:30 p.m.
Tuesday..... 1:00 p.m. – 2:00 p.m.
Wednesday..... 6:00 p.m. – 7:00 p.m.
Thursday..... 11:00 a.m. – Noon

Thursday..... 7:00 p.m. – 8:00 p.m.
Friday..... 9:00 a.m. – 10:00 a.m.
Saturday..... 2:00 p.m. – 3:00 p.m.
Sunday..... 1:00 p.m. – 2:00 p.m.
Sunday..... 3:00 p.m. – 4:00 p.m.

2.6-3.0 (Lower Intermediate)

Monday..... 10:30 a.m. – Noon
Monday..... 6:30 p.m. – 8:00 p.m.
Tuesday..... 1:00 p.m. – 2:30 p.m.
Wednesday..... 9:30 a.m. – 11:00 a.m.
Wednesday..... 7:00 p.m. – 8:30 p.m.

Thursday..... 11:30 a.m. – 1:00 p.m.
Thursday..... 8:00 p.m. – 9:30 p.m.
Friday..... 9:30 a.m. – 11:00 a.m.
Saturday..... 3:00 p.m. – 4:30 p.m.
Sunday..... 2:00 p.m. – 3:30 p.m.

3.1-3.5 (Intermediate)

Monday..... 10:30 a.m. – Noon
Monday..... 6:30 p.m. – 8:00 p.m.
Tuesday..... 9:30 a.m. – 11:00 a.m.
Wednesday..... 9:30 a.m. – 11:00 a.m.
Thursday..... 11:30 a.m. – 1:00 p.m.
Thursday..... 1:00 p.m. – 2:30 p.m.

Thursday..... 7:00 p.m. – 8:30 p.m.
Friday..... 9:30 a.m. – 11:00 a.m.
Friday..... 1:00 p.m. – 2:30 p.m.
Saturday..... 3:00 p.m. – 4:30 p.m.
Sunday..... 4:00 p.m. – 5:30 p.m.

3.6-4.0 (Advanced Intermediate)

Monday..... 9:30 a.m. – 11:00 a.m.
Monday..... 8:00 p.m. – 9:30 p.m.
Tuesday..... 1:00 p.m. – 2:30 p.m.
Thursday..... 9:30 a.m. – 11:00 a.m.

Thursday..... 1:00 p.m. – 2:30 p.m.
Friday..... 1:00 p.m. – 2:30 p.m.
Sunday..... 3:30 p.m. – 5:00 p.m.

