

MIDTOWN

ATHLETIC CLUB AT WINDY HILL®

Squash Program

Facility

Midtown Athletic Club features 5 state-of-the-art ASB (brand) international squash courts. Solid, quiet, dense walls guarantee uniform true rebounds and rewarding play. Of special note, MAC at Windy Hill has 2 electronic moving side walls that allow 2 singles courts to be expanded into World Squash Federation approved international doubles courts.

Members

MAC at Windy Hill boasts 150+ active squash players. Our incredibly diverse squash community represents all skill levels-- including many National Champions all the way down to brand-new novices—all ages, and nationalities from around the globe.

Hours

The squash courts are open at all times that Midtown Athletic Club at Windy Hill is. Special events, such as the nationally famous tournaments do occasionally preempt recreational play.

Court Reservations

Unique to Midtown Athletic Club at Windy Hill, there are NO court reservations used. Arguably the most attractive feature of squash at the MAC is our “pitch up & play” attitude. If you can get to the club, you can get a game. During peak times the pro staff facilitates energetic play. Players goes on queue when they arrive, are matched, play, & then are encouraged to go back in queue for more rounds.

Communication

All squash players are regularly updated via e-mail of events, deadlines, happening, and player contact information. This service is entirely confidential and optional.

Coaching

Private instruction, both individual and group are offered throughout the week, by appointment only. Master PSA Professional Tom Rumpler is a 2-time National Champion, and coach of over 2 dozen junior & senior champions.

Leagues

The cornerstone program of squash at Windy Hill are the House Leagues, offered twice a year, summer & winter. Members are grouped into “mega-boxes” of 15-20 like-skilled opponents where it is the players’ mutual responsibility to play each other player over the course of 12-16 weeks. A modest fee covers Champions’ prizes and commemorative t-shirts.

Doubles

Doubles is big at Windy Hill! MAC plays doubles every Friday afternoon, from 5pm until 8pm, and every Sunday morning, from 10am to 12noon. Proficiency is required. Windy Hill's 3 middle courts are configured into 2 international doubles courts. Singles play is still wide open on the other 2 courts.

Tournaments

Midtown Athletic Club at Windy Hill boasts one of the most successful slate of tournaments and special events held anywhere in the country. MAC's 3 majors are the annual Southeasterns, DragonDoc, and Grand Masters, held every March, August, and December, respectively. These tournaments draw players from local, regional, national, and even international communities. During the course of the squash year, events are held at: professional & amateur levels; junior & senior age groups; skill levels from novice to national-level; for men's & women; in singles & doubles flights. In addition, several special, "boutique" events include the anniversary Handicap tournament, a Fathers' Day Doubles Championship, and a Racquet Biathlon (tennis & squash).