

relaxation swedish massage

De-Stress your body and let your tension melt away with this classic massage. Long, warming strokes will ease the mind, improve circulation, and create an overall sense of well-being.

Member/ Guest: \$46/\$50 (30 min) \$72/\$80 (60 min) \$100/\$110 (90 min)

deep tissue sport and fitness massage

Our signature massage targets muscular tension due to prolonged stress or sports injury. This deep tissue massage penetrates tense muscle fibers, increasing flexibility and restoring them to their natural function.

Member/ Guest: \$50/\$55 (30 min) \$76/\$86 (60 min) \$105/\$120 (90 min)

hot stone massage

Indulge in pure luxury as perfectly smooth polished basalt stones are heated, penetrating into muscles while melting away tension. The temperature and pressure of the strokes simultaneously relax and stimulate your muscles and improve circulation.

Member/ Guest: \$100/\$115 (60 min)

mommy-to-be massage

This massage is custom-designed to address the specific needs of pregnant women after their first trimester. Gentle massage techniques help alleviate discomforts associated with pregnancy leaving mom and baby in a complete state of bliss.

Member/ Guest: \$72/\$85 (60 min)

neck and shoulder massage

Leave without a care in the world by adding a focused massage on the most requested area of stress, pain and repetitive motion.

Member/ Guest: \$20/\$25

scalp treatment

Clear your mind while stimulating and nourishing peppermint balm is gently massaged into your hair and scalp. Melt away, as your therapist gently massages the tension out of your neck and shoulders while your head is cocooned in a hot towel. The peppermint infused steam inhalation treatment will leave your hair silky smooth, your scalp conditioned and your mind totally refreshed.

Member/ Guest: \$12/\$15

aromatherapy

Choose an aromatic essential oil of your choice to enhance the therapeutic benefits of your massage. The sense of smell is a powerful aid in invoking feelings of relaxation, stress reduction and happiness.

Member/ Guest: \$5/\$8

body therapy

cellulite buster massage

Our therapists use concentrated pressure designed to stimulate circulation to release the fat from areas where it is trapped, allowing it to flow out and be purged from the system. The body is reshaped; skin quality and texture are improved. This massage helps break up cellulite, improves circulation, skin texture and tone.

Member/ Guest: \$55/\$60 (30 min)

firming anti-aging treatment

A vitamin cocktail for your skin. This body treatment offers a delightful hour of nurturing along with intensive body care. Benefits include protection against premature aging, and softer and smoother skin.

Member/ Guest: \$75/\$85 (60 min)

scen tao treatment

This 90 minute holistic massage is based on an Asian philosophy of wellness and incorporates a shi tao treatment, hot stones, and shiatsu massage. The main components of Scen Tao products are their anti-stress formulation made from the essence of plants such as green tea, ginkgo and ginseng. This aromatic treatment will give you the inner calm you're looking for.

Member/ Guest: \$130/\$140 (90 min)

european facials

perfect combination treatment

This treatment is highly effective in reducing oil production and balancing the natural activity of the skin. The appearance of large pores will be reduced and the face will have a firm and supple texture without visible shine.

Member/ Guest: \$75/\$80 (60 min)

advanced biogen treatment


Primarily suggested for normal to dry skin in need of regeneration. This treatment helps protect the skin from premature aging particularly where skin is tired, pale, and damaged. With this facial you will see age-defying results.

Member/ Guest: \$75/\$80 (60 min)

gentleman's facial

Specifically designed for the gentleman's complexion, this facial features relaxing massage movement accompanied by calming, aromatherapy infused hot towels. This deep-cleansing facial treats ingrown hairs, razor burn and sensitivity to shaving. The face is cleansed and exfoliated leaving the skin refreshed and nourished.

Member/ Guest: \$75/\$80 (60 min)



anti-aging facials

anti-wrinkle mimical control treatment

This natural solution to Botox helps to reduce lines and wrinkles by minimizing expression lines. The Italian Curry Plant stimulates the natural endorphins to the skin giving it a relaxed appearance. This firming treatment improves facial contours while restoring the skin to a smoother and more youthful looking complexion.

Member/ Guest: \$95/\$100 (90 min)

oxygen energizing treatment

This effervescent energizing treatment is for the tired and sluggish complexion. Latest scientific research enhances this special treatment using encapsulated pure oxygen while eliminating toxins thus energizing the skin enabling it to breathe again. Stress and fatigue will vanish while restoring a fresh, vitalized and radiant appearance.

Member/ Guest: \$95/\$100 (90 min)

the rose quartz treatment

The loving heart stone of the rose quartz transfers a healing energy, therefore stimulating the skin's vital functions. This treatment promotes cell regeneration and prevents light induced aging improving the natural moisture supply to the skin.

Member/ Guest: \$95/\$100 (90 min)

facial accompaniments

algae lift-off mask

This calming refreshing cooling treatment drenches skin with moisture, reducing fine lines while fighting environmental aging.

Member/ Guest: \$20/\$25

collagen mask

A very calming and soothing mask to help strengthen the skin's elasticity while minimizing fine lines. Intensely moisturizes giving the skin an immediate smooth velvety appearance.

Member/ Guest: \$20/\$25

ampoule crash treatment

Improves the complexion significantly. In an instant skin becomes thoroughly re-hydrated and the epidermal layers are plumped up for refreshed and youthful looking skin.

Member/ Guest: \$20/\$25

firming algae eye treatment

Designed for the vulnerable eye area this cooling soothing treatment will reduce puffiness and minimize fine lines and wrinkles giving the eyes a firmer more supple tone. You will see a dramatic difference in eye contour and feel ready for the day ahead.

Member/ Guest: \$15/\$18

nail services

mini manicure

This express manicure is great if you are pressed for time. This manicure includes basic nail care, filing and buffing. Your nails will be polished to perfection.

Member/ Guest: \$22/\$24

luxury manicure

This luxurious manicure includes nail filing, cuticle care and hand exfoliation using enriching scrubs, followed by a massage with a high intensity hand cream. This manicure is topped off with an application of your favorite polish.

Member/ Guest: \$26/\$28

spa paraffin manicure

You will be amazed by how our rich hydrating paraffin masque can benefit your hands and soothe your joints! This treatment starts with our Luxury Manicure and continues with vitamin enriched warm paraffin wrapped in heated gloves, leaving hands velvety soft and nourished.

Member/ Guest: \$38/\$42

gentleman's manicure

Your hands will be soaked to soften the skin. A soothing hand treatment will then be applied and left to nourish and moisturize. Nails will then be trimmed, filed and buffed.

Member/ Guest: \$22/\$25

French Polish on any Manicure add \$5 Polish Change/ Manicure \$12

mini pedicure

This refresher pedicure is perfect for those on the go. After soaking in our luxury foot bath your toes are filed and treated with basic nail care. You will leave with your toes polished to perfection.

Member/ Guest: \$28/\$30

luxury pedicure

A luxurious pedicure begins with a soothing foot soak followed by a gentle exfoliation with enriching scrubs. Your nails are shaped and cuticles are conditioned. Removal of calloused skin, a long relaxing foot massage and your favorite choice of polish finishes this luxury pedicure.

Member/ Guest: \$44/\$47

spa paraffin pedicure

Indulge and soften extra dry and callused skin. Your feet are exfoliated with an aromatic and enriching polish, hydrated and then massaged with invigorating botanical extracts. Warm paraffin adds extra moisture leaving them velvety soft and nourished. Choose your favorite color of polish and your feet will be in bliss.

Member/ Guest: \$49/\$54

gentleman's pedicure

An aromatic foot soak is followed by a scrub and hydrating foot treatment. Dead skin will be exfoliated and the nails trimmed, filed and buffed. Tired feet will be massaged and left revived and refreshed.

Member/ Guest: \$35/\$42

French Polish on any Pedicure add \$8 Polish Change/ Pedicure \$15

waxing services

	Member	Non-member
Eyebrow Sculpting	23	25
Eyebrow Maintenance	18	22
Lip	12	14
Chin	12	14
Face Side	12	14
Underarm	18	20
Half Arm	32	35
Full Arm	44	48
Bikini	28	30
Brazilian	47	50
Half Leg	35	38
Full Leg	65	70
Back	46	50
Half Back	23	25
Chest	33	35
Bikini/ Half Leg	60	65
Bikini/ Full Leg	90	98
Brazilian/ Half Leg	80	86
Brazilian/ Full Leg	110	118

general information

reserving appointments

Appointments are scheduled at the front desk or by calling 461-2300. Guests of the club must provide a credit or debit card when scheduling an appointment. We recommend you schedule your appointment at least 24 hours in advance.

spa arrival

To begin your treatment relaxed and on time, we suggest you arrive a minimum 30 minutes prior to your appointment. This will allow for time to check in at our front desk where you will be provided with your robe, slippers and choice of herbal tea. Please enjoy the amenities of our locker room, including showers, dry sauna, eucalyptus infused steam room and whirlpool. If you prefer, you may simply relax and prepare for your treatment in our spa waiting room.

what to expect

Your well-being is our primary concern. We suggest you disrobe to your level of comfort. Keep in mind that our therapists are trained to drape you discreetly and will protect your privacy at all times.

gratuities

We staff the highest quality licensed technicians. Appreciation for services in the form of gratuities may be given directly to your therapist or added to your charge upon check out.

cancellation policy

A 24-hour cancellation or rescheduling notice is required to avoid being charged in full for your treatment(s). No shows will also be charged the full service fee. Special requirements may apply for group bookings.

Minimum spa service total for non-members—\$80.