



POOLSIDE MENU

SALADS

HARVEST SALAD \$6.95

ORGANIC SPINACH, DRIED CRANBERRIES, WALNUTS, DANISH BLUE CHEESE AND LIGHT LEMON-DIJON DRESSING (175 Cal/4g Fat)

GRILLED SALMON SALAD \$8.95

WILD ALASKAN SALMON, MIXED GREENS, MANDARIN ORANGES, BARTLETT PEARS AND LIGHT CITRUS-TERIYAKI DRESSING (275 Cal/5g Fat)

The Kat's Meow-TUNA SALAD \$6.95

ALBACORE TUNA, WALNUTS, APPLE TRIO, RAISINS, CELERY & NON-FAT YOGURT INFUSED WITH FAR EAST SPICES

SERVE ATOP ROMAINE LETTUCE WITH CUCUMBER, TOMATO AND TANGERINE-BALSAMIC DRESSING (100 Cal/2g Fat-Tuna + 85 Cal/1g Fat-Salad)

SANDWICHES & WRAPS

Choice of **SMALL FRIES, CHIPS, PRETZELS** or **WHOLE FRUIT**

Substitute Side Caesar Salad for \$1

TURKEY CLUB WRAP \$6.95

ORGANIC TURKEY, MOZZARELLA CHEESE, CRISP GREENS, ROASTED RED PEPPERS AND A SIDE OF TANGY ANCHO-CHIPOTLE SPREAD (278 Cal/5g Fat)

CHICKEN WRAP \$6.95

GRILLED ORGANIC CHICKEN BREAST, MOZZARELLA CHEESE, ARTICHOKE, TOMATO, CRISP GREENS AND A SIDE OF FRESHLY MADE BASIL PESTO SPREAD (285 Cal/6g Fat)

FAJITA STEAK WRAP \$6.95

TENDER MARINATED FAJITA STEAK, CHEDDAR/JACK CHEESE, ROMAINE LETTUCE, TOMATO, ONION AND A SIDE OF TANGY BISTRO-DIJON SPREAD (318 Cal/7g Fat)

M-CAFÉ BURGER \$6.95

1/2 POUND –CERTIFIED ANGUS BEEF.....BURGER OR CHEESEBURGER

VALUE BITES

HOT DOG	\$1
MOZZARELLA STICKS (2)	\$1
VEGGIE EGG ROLL	\$1
SMALL FRIES	\$1
PB & J CRUSTLESS	\$1
WHOLE FRUIT	\$1
ICE CREAM	\$1
CHOCOLATE CHIP COOKIE	\$1
CHIPS	\$1
Baked Lays, Doritos, Sun Chips, Pretzels	
KETTLECORN	\$1
COLD CEREAL & MILK	\$2
NY STYLE PRETZEL	\$2
SIDE CAESAR SALAD	\$2

POOLSIDE KIDS

\$4.95

Comes with JUICE BOX or MILK and choice of SMALL FRIES, CHIPS, PRETZELS or WHOLE FRUIT

Substitute Smoothie for \$1.50

ORGANIC CHICKEN TENDERS (4)
MINI BURGERS Sliders (2)
PEPPERONI PIZZA STICKS (4)
GRILLED CHEESE SANDWICH
TURKEY & CHEESE SANDWICH

BEVERAGES

FRUIT SMOOTHIES	\$3
FUZE-Pomegranate-Acai Berry	\$3
COKE / DIET COKE	\$2
ARIZONA ICE TEA	\$2
• Lemon & Pomegranate	
• Arnold Palmer Lite	
CRYSTAL LIGHT-Lemonade	\$2
GATORADE	\$2
VITAMIN WATER	\$2
PROPEL	\$2
BOTTLED WATER	\$1
APPLE JUICE BOX	\$1
MILK-2%	\$1

BEER \$3

MILLER LITE
MGD
CORONA
HEINEKEN
SAM ADAMS

WINE \$4

CHARDONNAY
PINOT GRIGIO
COMPLETE WINE LIST AVAILABLE INSIDE

COCKTAILS \$5

MARGARITA
PINA COLADA